

出國報告（出國類別：開會）

2019 第 25 屆奧地利維也納 國際護理與健康照護會議

服務機關：高雄榮民總醫院護理部

姓名職稱：伍麗珠 護理督導長

派赴國家：奧地利維也納

出國期間：2019 年 07 月 09 日至 07 月 14 日

報告日期：2019 年 07 月 29 日

摘要

2019 年第 25 屆國際護理與健康照護會議(2019 年 25th World Nursing and Healthcare Conference)在奧地利維也納舉辦，大會邀請來自世界各國的參與者參加，內容包括主題演講，口頭講座，海報發表會和展覽。會議中提供與國際知名專家交流資訊的機會。此次會議的主題是“當前護理教育和醫療保健的挑戰和創新(Current Challenges and Innovations in Nursing Education and Healthcare.)。二天的會議就關於研究證據，創新理念和最佳實踐模型的全球平台進行討論。參與 2019 年會議主要目的:(1)以海報方式發表「高齡者髖骨骨折術後六個月活動功能預測因子探討縱貫性研究：Physical Activities after Surgery Six Months Postoperatively in Elderly Patients with Fractured Hip A Longitudinal Study」(2)身為臨床護理師參與國際會議，學習及拓展視野並了解護理教育(包括護理及醫事人員)研究及發展趨勢。(3)藉參與會議持續精進護理臨床教學能力。

中文關鍵字：

國際護理與健康照護會議、護理教育、醫療保健、挑戰和創新

英文關鍵字：

World Nursing and Healthcare Conference、Challenges and Innovations、Nursing education、Nursing Education and Healthcare

目次

壹、目的	4
貳、過程	4
參、心得及建議	7
肆、附錄	8

壹、目的

參與 2019 年國際護理與健康照護會議主要目的:(1)以台灣高雄榮民總醫院之名義海報方式發表「高齡者髖骨骨折術後六個月活動功能預測因子探討縱貫性研究：Physical Activities after Surgery Six Months Postoperatively in Elderly Patients with Fractured Hip A Longitudinal Study」希望際此機會增進台灣醫療國際知名度(2)身為護理行政者參與國際會議，學習及拓展視野並了解護理教育和醫療保健的挑戰和創新、護理教育策略研究及發展趨勢，透過研究證據，創新理念和最佳實踐模型的全球會議平台進行討論。(3)藉參與會議持續精進護理臨床教學及創新及研究發展能力。

貳、過程

Conference Series llc LTD 每年在美國，歐洲和亞洲舉辦 1000 多個學術會議，有 1000 多個科學協會的支持，並出版 700 多種期刊。2019 年護理會議透過研究證據，創新理念和最佳實踐模型的全球性交流平台，為各國不同領域專家提供了一個學術及臨床照護經驗分享的平台。2019 年會議內容涵蓋的護理主題，包括護理教育、護理實踐、醫療保健管理、護理類型、兒科護理、助產和產婦援助、社區護理、緊急護理、臨床護理、心理健康護理、重症護理等。從醫院的臨床教學、創新研究及教學法、醫療科技結合，甚至醫學教育與健康體系的關係，依據不同的教育主題做分類發表和討論。以下分享此次參與會議之過程：

一、2019 年 7 月 10 日（星期三）抵達奧地利維也納

7 月 9 日-7 月 10 日飛機航程。

二、2019 年 7 月 11 日（星期四）

2019 年國際護理與健康照護會議，會場設在奧地利維也納的 Hotel Mercure Wien Westbahnhof，上午至大會註冊處辦理報到手續，領取相關資料、辦理海報發表手續並張貼海報。會場當天還有另外醫學研討會，包含血液腫瘤研討會、藥學研討會及護理相關議程等，大會議程進行方式有：交流(Interactive Sessions)、全體會議(Plenaries and Symposia)、海報展示(Mounted Poster and Presentation、Poster mentoring、and ePosters)、Keynote Lectures 及論文口頭發表等。

(一) Keynote Forum

大會期間邀請多位美國及歐洲國家的醫學教育及護理臨床專家做專題演講，上午由 Ayman M. Hamdan-Mansour 教授演講，題目：Effectiveness of life skills training to prevent

substance abuse first year university students at high risk of substance use:

Comparison between computer-based and conventional interventions , Ayman M.

Hamdan-Mansour 教授目前擔任約旦大學身心科學研究所所長，會議中提及物質濫用在大一生時，結合現在年輕人的學習趨勢-網路教學，因著個人時間、地點及隱私需要，將這些物質濫用的知識、技巧、方法及求助的聯繫方式融入生活技能中，利用原本課堂上課時間，轉化學習方式，讓學生使用網路依照個人學習進度及喜好搜尋相關知識，對於後續追蹤大一生到大四畢業，這些利用網路將避免物質濫用知識融入生活技能學習者，其物質濫用比例顯著低於傳統課室教學的學生。

另一個專題演講者為Eman Dawood教授演講，題目：Public attitude towards mental illness and mental health services in Riyadh, Saudi Arabia，Eman Dawood 教授目前任教於沙烏地阿拉伯的莉雅德健康科學大學專任精神科教授，演講主題指出沙烏地阿拉伯的莉雅德居民對於精神疾病的認知及接受精神衛生服務的態度，她提到民眾對於家中有身心障礙的家人，常常會因為害怕社會大眾的眼光及精神病這個印記，導致民眾不敢就醫也不敢尋求資源，導致病人未能接受適當的醫療及照護，野史的家人承受照顧及病人病情惡化而束手無策的窘境，造成家庭運作失調，反而造成更多社會問題。

這種情形在台灣早年確實也面臨同樣的問題，然而經過政府、學界及業界不斷宣導及推動精神衛生議題，使得現今台灣社會上面對這類的議題，不再像過往聽到的，將患有精神疾患的家人鎖在家中，門窗緊閉或不敢就醫，在精神公共衛生的推展有長足的進步。

接續專題演講之後，就是口頭發表及討論，主題包含”學徒式的臨床指導是否能有效解決當前的護理勞力問題”，作者提出目前英格蘭面臨因護理人力老化，勞動力規劃不足，人員流失率高等護理人力不足的危機，預計到 2030 年將不足 350,000 名護理人力。(護理人力以 2018 年估算)，而這最重要的是對病人的護理照護品質產生不利影響。主講者提到當今英國有在推動的學徒式徵稅計畫(apprentice levy scheme)，就是雇主或機構在學生尚未畢業前都必須支付給”學徒徵稅基金”，然後學校將獲得的資金用於學生的學徒培訓，透過這種方式，除了可以作為改善弱勢背景的大學學習機會，也幫助確保未來醫療保健工作者。

這個方式台灣並未實施，但是與其類似的是目前高榮護理部積極推動的「產學合作」有

些類似，護理部在去年與樹人專科學校共同簽署的產學合作，報備教育部核可；護理部與學校討論執行方式，選定專四學生，先透過面試及學校提供的在學成績，學生的意願，共在專四 8 個班級中各挑選符合條件的學生訂約，專四到專五的護理專業課程由本部挑選合適的講師至學校授課，專 5 的時候，由護理部再次面試這些學生，提供最後一哩實習單位，這樣不但可以解決學生到了臨床適應困難問題，也能解決臨床新進人員因適應困難、不熟悉而離職的情形，今年也預備與輔英科大建立此種模式，進而降低臨床不斷帶新人的負擔與負荷，希望能更進一步降低離職率。

會議中其他的護理相關議題，包括腫瘤護理師的職責探討、接受減重手術病人的適應過程、利用繪畫提供住院病童情緒困擾的表達、提供 Pender's 健康促進模式於 AMI 病人成效、影響轉移性乳癌病人疲憊的相關因子……等，與臨床照護及學校教學的模式介紹等。

三、2019 年 7 月 12 日（星期五）

(二) Poster Presentation

海報發表分為：海報展示和介紹(Mounted Poster and Presentation)、海報輔導(Poster mentoring)、及電子海報(ePosters)。今年會議的海報展示及研究主題涵蓋醫學教育範疇包括：研究和實證醫學(Research and EBM)、溝通技巧(Communication Skills-undergraduate)、教師及教師評估(The Teacher and Teacher Evaluation)，題目分別為：(1)The role of simulation and clinical skills in pre qualifying nursing education: A case report, (2)Safety measures for postoperative surgical patients: Patients outcomes, (3)Attitudes and related factors towards sexual minorities among Japanese undergraduate students majoring in health science, (4)Managing eating behaviors perceptions of people with metabolic syndrome , (5)Creating a map of areas with disaster vulnerability for evacuation support for senior citizens: A study of river flooding disasters in City A, a mid-sized city in Japan , (6)Social construction of Taiwanese intergenerational caregiving 等。

我此次發表的海報為Physical activities after surgery six months postoperatively in elderly patients with fractured hip: A longitudinal study. 有關高齡者髌骨骨折術後六個月活動功能預測因子探討縱貫性研究後期照護的相關研究，與會人員也有不少人對

我的題目也很有興趣，在交流中也提供了我一些意見，而這些意見看法有些還是在我做這篇研究時未曾想到(因為文獻也沒有提到的影響因子，例如BMI)，未來在探討相關議題時會嘗試將其列入考量，當然也請其他醫院分享臨床相關照護的作法及經驗。

參、心得及建議

感謝輔導會、院部長官、護理部長官支持，這是第一次自己單獨一人遠赴歐洲發表(以前有院內同伴，或至少有台灣人同行)，這次從抵達維也納到參加會議及發表都是非熟悉語言英文(英文還好，在這幾天除非你主動用英文跟人交談，否則就是滿耳的德語及滿眼的德文)，尤其是只有一個人，在不熟悉的國度，用不熟悉的語言及不靈光的路痴腦袋，是蠻大的挑戰，但是為了不讓自己自閉，強迫開口與人溝通(忘記用翻譯機，也沒帶)，這也讓我學到了自立自強的重要。由衷感謝院部長官給我這個機會，有了成長及學習的機會，此次的研討會，在會場中雖沒有發現同為台灣來的護理夥伴彼此討論，但也能透過這個機會去了解更多其他國家(英、日、美、泰國、印度、埃及、沙烏地阿拉伯跟杜拜等…)。藉由學習先進的研究菁華，提升護理專業能力及實作經驗。

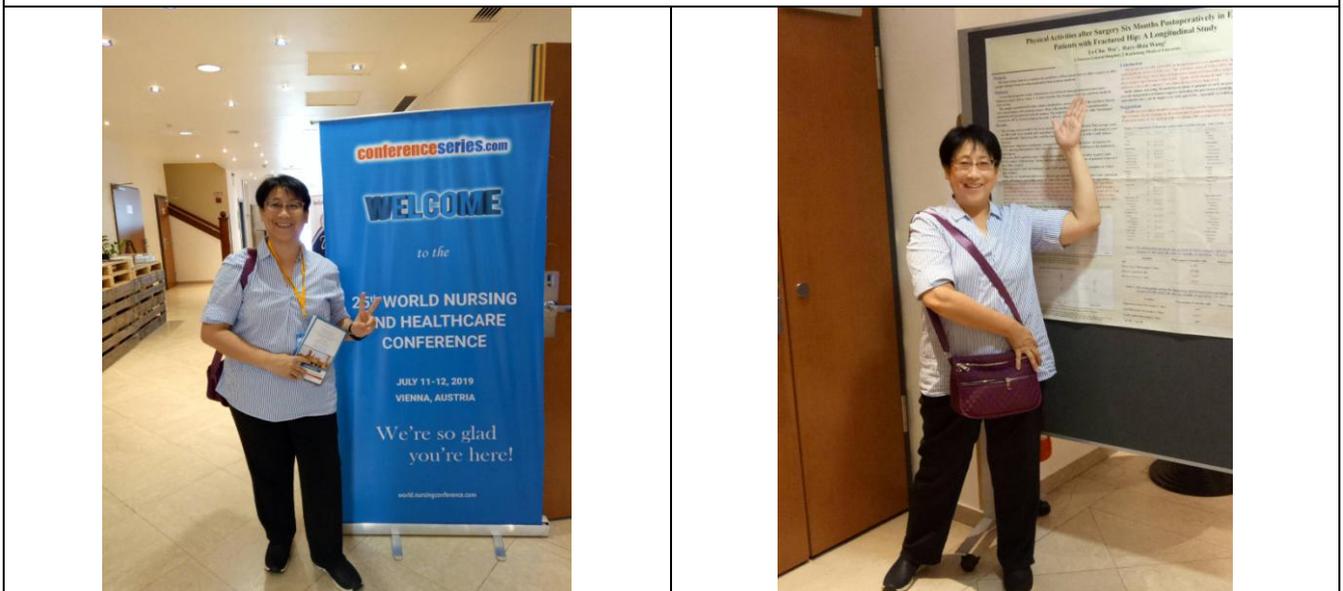
建議事項

- 一、本院因應高齡長者照護需求，避免因急性疾病後造成失能，退除役官兵輔導委員會於 2007 年 6 月成立中期照護 (intermediate care) 團隊服務網絡，2018 年推動急性後期照護 (Post-acute care, PAC)，但本院髖部骨折下轉 PAC 的人數不多，可能因國情不同，髖骨骨折術後病人常是直接返家或到護理之家，目前台灣的社會年輕人在外工作，居家照護的老年人居多，最多再增加一個外勞，對於這些病人術後恢復期的復健或營養的提供常是缺乏或不足的，加上我們醫院要下轉 PAC 的單位不多，或是離病人居所太遠，導致去 PAC 的人數較少，要如何讓病人及家屬能夠更認識及利用這個資源是我們臨床醫護人員要努力的。
- 二、出國發表論文是一件很棒的事，只是很多事情須自己詢問及處理，建議能建立一個諮詢管道或一個流程，方便首次出國同仁(尤其是基層人員)諮詢，此次感謝人事室及主計室一直發 Mail 提醒。
- 三、建議護理人員能更加強外語能力，尤其是英文為必要，爾後有機會釋出給護理同仁參加國際會議時才能跟國際接軌。

肆、附錄



抵達奧地利維也納及會場



報到



Ayman M. Hamdan Mansour
 Professor, School of Nursing-The University of Jordan
 Verified email at ju.edu.jo
 Psychiatric Mental Health N...

Ayman M. Hamdan-Mansour
 Central South University, ChinaThe University of Jordan,
 Jordan



Eman Dawood
 KSAU-HS
 Verified email at ksau-hs.edu.sa
 psychiatric nursing

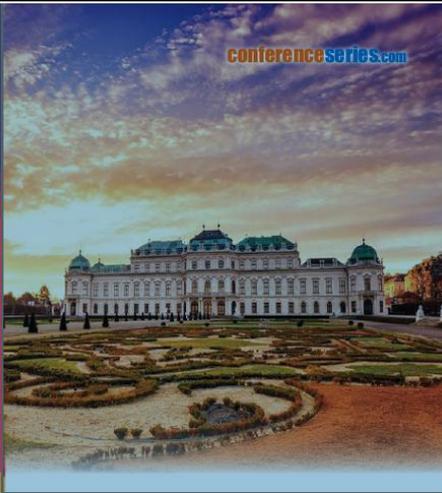
TITLE

Eman Dawood
 King Saud bin Abdulaziz University for Health Sciences,
 KSA

課程講師



海報發表會場



conferenceSeries.com

Scientific Program

25th World Nursing and Healthcare Conference

July 11-12, 2019 | Vienna, Austria

UK: Conference Series LLC Ltd
47 Churchfield Road, London, W3 6AY
Toll Free: +0-800-014-8923

DAY-1

July 11, 2019
Meeting Hall: Wien 2-3

08:00-09:00 Registrations

Opening Ceremony

09:00-09:30

KEYNOTE FORUM

Introduction

09:30-10:00
Title: Effectiveness of life skills training to prevent substance abuse first year university students at high risk of substance use: Comparison between computer-based and conventional interventions
Ayman M. Hamdan-Mansour, Central South University, China/The University of Jordan, Jordan

10:00-10:30
Title: Public attitude towards mental illness and mental health services in Riyadh, Saudi Arabia
Eman Dawood, King Saud bin Abdulaziz University for Health Sciences, KSA

GROUP PHOTO

Networking & Refreshments 10:30-10:50 @ Foyer

Sessions: Nursing Education | Nursing Practice and Research | Healthcare | Cancer Nursing | Clinical Nursing | Pediatric Nursing | Surgical Nursing | Heart and Cardiovascular Nursing | Midwifery and Women Health Nursing | Neonatal Critical Care and Emergency Nursing | Adult Health Nursing | Telemedicine & e-health | Psychiatric and Mental Health Nursing | Obstetrics and Gynecology Nursing

Chair: Ayman M. Hamdan-Mansour, Central South University, China/The University of Jordan, Jordan
Co-Chair: Ayle Yavuz Karamanoglu, Pamukkale University Faculty of Health Sciences, Turkey

INTRODUCTION

10:50-11:10
Title: Do apprenticeships help to address current workforce challenges?
Amanda Driffield, University of Leeds, UK

11:10-11:30
Title: Nurses' responsibilities in oncological emergencies
Ayle Yavuz Karamanoglu, Pamukkale University Faculty of Health Sciences, Turkey

11:30-11:50
Title: Examination of experiences of patients undergoing bariatric surgery according to Roy's adaptation model: A qualitative study
Filiz Kabi Hergil, Pamukkale University Faculty of Health Sciences, Turkey

Page 3

11:50-12:10
Title: A way of expressing emotions in pediatric nursing: Drawing as a tool
Sebahat Altundag, Pamukkale University Faculty of Health Sciences, Turkey

12:10-12:30
Title: Pender's health promotion model based nursing care in young adult individual with acute myocardial infarction
Eda Kilinc, Pamukkale University Faculty of Health Sciences, Turkey

12:30-12:50
Title: Physiological correlates of fatigue among metastatic breast cancer patients
Ehsan Ahmed Yaha, Cairo University, Egypt

Lunch Break 12:50-13:50 @ MF15een

Sessions: Nursing Education | Nursing Practice and Research | Healthcare | Cancer Nursing | Clinical Nursing | Pediatric Nursing | Surgical Nursing | Heart and Cardiovascular Nursing | Midwifery and Women Health Nursing | Neonatal Critical Care and Emergency Nursing | Adult Health Nursing | Telemedicine & e-health | Psychiatric and Mental Health Nursing | Obstetrics and Gynecology Nursing

Chair: Eman Dawood, King Saud bin Abdulaziz University for Health Sciences, KSA
Chair: Gulbahar Korkmaz Aslan, Pamukkale University Faculty of Health Sciences, Turkey

INTRODUCTION

13:50-14:10
Title: The effect of educational session on knowledge and attitude of cervical cancer and pap smear screening among Saudi women
Ferida Habib, King Saud bin Abdulaziz University for Health Sciences, KSA

14:10-14:30
Title: The effectiveness of training workshop in changing the tutors' knowledge and attitude towards the integration of problem based learning into nursing curriculum
Hanem F. Mohamed, King Saud bin Abdulaziz University for Health Sciences, KSA

14:30-14:50
Title: Medication behaviors of the elderly and its association with their health literacy levels
Gulbahar Korkmaz Aslan, Pamukkale University Faculty of Health Sciences, Turkey

14:50-15:10
Title: Evaluating predictors of psychological well-being among undergraduate students in Hong Kong
Kiung Sian Chan, Tung Wah College, Hong Kong

15:10-15:30
Title: Depression and its associated factors in patients with parkinson's disease
Yi-Tung Liu, E-DA hospital, Taiwan

Networking & Refreshments 15:30-15:50 @ Foyer

15:50-16:10
Title: Comparison of depression and anxiety between housewife and employed pregnant women
Eman Dawood, King Saud bin Abdulaziz University for Health Sciences, KSA

Page 4

16:10-16:30 **Title:** Nursing care in bariatrics surgery
Title: Raising awareness about "Preventing Child Sexual Abuse" in students of child development department
Title: Raising awareness about "Preventing Child Sexual Abuse" in students of child development department

Panel Discussion

DAY-2
July 12, 2019
Meeting Hall: Foyer

POSTER PRESENTATIONS @ FOYER 10:00-11:00

Chair: Aysman M. Hamdan-Mansour, Central South University, China/The University of Jordan, Jordan

WNHC01 **Title:** The role of simulation and clinical skills in pre-qualifying nursing education: A case report
Title: Safety measures for postoperative surgical patients: Patients outcomes
Title: Attitudes and related factors towards sexual minorities among Japanese undergraduate students majoring in health science
Title: Managing eating behaviors perceptions of people with metabolic syndrome
Title: Creating a map of areas with disaster vulnerability for evacuation support for senior citizens: A study of river flooding disasters in City A, a mid-sized city in Japan
Title: Physical activities after surgery six months postoperatively in elderly patients with fractured hip: A longitudinal study
Title: Social construction of Taiwanese intergenerational caregiving

Awards & Closing Ceremony

12+ Interactive Sessions

5+ Keynote Lectures

50+ Plenary Lectures

5+ Workshops

20+ Exhibitors

B2B Meetings

conferenceSeries.com

25th World Nursing and Healthcare Conference

July 11-12, 2019 | Vienna, Austria

大會議程

Physical Activities after Surgery Six Months Postoperatively in Elderly Patients with Fractured Hip: A Longitudinal Study

Li-Chu Wu¹, Ruey-Hsia Wang²
1. Kaohsiung Veterans General Hospital, 2. Kaohsiung Medical University

Purpose: The purpose of this study is to examine the prediction of functional recovery after surgery in older people with hip fracture using longitudinal data analysis methods.

Methods: A 6-month prospective study. Information was obtained through structured interviews following surgery and at 3 days, 1, 3, and 6 months after hospital discharge and from medical chart reviews. The sample consisted of 212 older adults, admitted to a medical center of the southern Taiwan with a hip fracture, who received surgery. Data collected through structured questionnaires administered to an inpatient with the patient. The tools include Functional, Mini Nutritional Assessment, MNA, Geriatric Depression Scale, GDS-15, ADL, IADL.

Results: 1. The average score of ADL, IADL in six months after operation was 84.8±4.5, which belonged to self-reliance, and six months after Operation ADL could be raised to 88.7% ADL, IADL.

Conclusion: The prediction of ADL and IADL in the postoperative six months was "pre-fracture ADL, IADL", and significant factor of ADL was "the average score of 3 days after surgery" and significant factor of IADL was "three days of depression status of 3 days after surgery". The pattern in these three factors: "pre-fracture ADL, IADL" could not be changed, and "the nutrition and depression status in 3 days after surgery" are clinically possible to improve.

Suggestion: Healthcare providers should be aware of changes in the Depression tendency of the elderly after hip fracture. Early assessment, detection and treatment depression problem, to improve the depression status of the aged in order to enhance the postoperative six months ADL and IADL.

Table 1. Comparison of Demographics and variables among ADL, IADL, CX-113

Variables	Pre-surgery	Post-surgery	Significance
Age	82.76±4.14	82.76±4.14	
Gender	14 78.14% M	14 78.14% M	
Marital status	14 78.14% M	14 78.14% M	
Education level	14 78.14% M	14 78.14% M	
Pre-fracture ADL	84.14±4.14	84.14±4.14	
Pre-fracture IADL	84.14±4.14	84.14±4.14	
Pre-fracture CX-113	84.14±4.14	84.14±4.14	
ADL 3 days	84.14±4.14	84.14±4.14	
IADL 3 days	84.14±4.14	84.14±4.14	
CX-113 3 days	84.14±4.14	84.14±4.14	
ADL 6 months	84.8±4.5	84.8±4.5	
IADL 6 months	84.8±4.5	84.8±4.5	
CX-113 6 months	84.8±4.5	84.8±4.5	

Table 2. The relationship among the variables before surgery, ADL, IADL, and after surgery, ADL, IADL, six months after surgery (N=212)

Variables	Pre-surgery	Post-surgery	6 months ADL	6 months IADL
Age	82.76±4.14	82.76±4.14	84.8±4.5	84.8±4.5
Pain level	3.14±0.14	3.14±0.14	-3.14	-3.14
Balance	88.14±0.14	88.14±0.14	88.14	88.14
Balance	88.14±0.14	88.14±0.14	88.14	88.14

Table 3. The relationship among the variables before surgery, ADL, IADL, and after surgery, ADL, IADL, six months after surgery (N=212)

Variables	Pre-surgery	6 months ADL	6 months IADL
Depression status	0.77	0.77	0.77
Depression status	0.235*	0.235*	0.235*
day	-0.212	-0.212	-0.212
day	-0.212	-0.212	-0.212

*p<0.05 **p<0.01

Certificate of Recognition

conferenceSeries.com
47 Churchfield Road, London, W3 6AY, UK

Conference Series and the Editors of Journal of Nursing & Care, Advanced Practices in Nursing and Journal of Community & Public Health Nursing wish to thank

Prof/Dr/Mr/Ms. **Li-Chu Wu**
Kaohsiung Medical University, Taiwan

for his Poster Presentation on
"Physical activities after surgery six months postoperatively in elderly patients with fractured hip: A longitudinal study"
at the "25th World Nursing and Healthcare Conference"
held during July 11-12, 2019 in Vienna, Austria

M. H. J. J. J. J.
Mona M. Wachobitz
University of Georgia, Georgia

Title: Physical Activities after Surgery Six Months Postoperatively in Elderly Patients with Fractured Hip: A Longitudinal Study

Li-Chu Wu
Kaohsiung Medical University, Taiwan

Title: Attitudes and Related Factors towards Sexual Minorities Among Japanese Undergraduate Students Majoring in Health Science

Dr. Akiko Tsuda
Kanazawa University, Japan

conferenceSeries.com

Title: Creating a map of areas with disaster vulnerability for evacuation support for senior citizens: A study of river flooding disasters in City A, a mid-sized city in Japan

Kiyoko Yanagihara
Kanazawa University, Japan

Biography

Title: Creating a map of areas with disaster vulnerability for evacuation support for senior citizens: A study of river flooding disasters in City A, a mid-sized city in Japan

Kiyoko Yanagihara
Kanazawa University, Japan

發表海報

與會證書