出國報告(出國類別:開會)

# 第 17 屆國際健康促進機構網絡年會 17th INHPF Annual Meeting From Evidence to Action 出席會議報告

服務機關:國民健康署

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派赴國家/地區:馬來西亞吉隆坡

出國期間:107年10月28日-10月31日

報告日期:108年01月15日

(本出國經費由菸品健康福利捐支應)

## 摘要

國際健康促進機構網絡(The International Seminar of International Network of Health Promotion Foundations, INHPF)由各國致力於健康促進業務之機構組成,旨在透過機構間之交流、學習及聯合行動,強化健康促進工作之成效。第17屆年會由馬來西亞的健康促進基金會 MySihat 主辦,為期二天。我國國民健康署除參與討論不同組織體制對於健康促進工作之影響外,並分享台灣健康識能的倡導經驗。我國健康識能之推動架構、策略、工具開發以及試行結果等面向之經驗,獲得與會人士高度讚譽,現場並提出多個問題加以說明及討論,可見健康識能是國際上普遍關切的議題,未來我國可就健康識能提升對於健康服務結果產生的影響,可作更全面的評估。此外,新加坡保健促進局近年來在各種不同會議中,皆以「日行萬步」及「食品健康選擇(Healthier Choice)標章」二項政策作為主打議題,但每次報告的政策脈絡、推行範圍以及成效評估之說明日益完整精細。顯示該國以「十年磨一劍」的精神,有計畫地打造該國政策櫥窗成為國際亮點。我國的健康促進亦有多項創新作為,應有計畫地使其逐年熟成,善加發揚,建立國際標竿形象。

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# 壹、第17屆國際健康促進機構網絡年會簡介

## 一、國際健康促進機構網絡簡介

國際健康促進機構網絡(The International Seminar of International Network of Health Promotion Foundations, INHPF)於1988年成立,由各國致力於健康促進業務之機構組成,旨在透過機構間之交流、學習及聯合行動,強化現有健康促進工作之成效,並指導、支持成立新的健康促進機構。世界衛生組織(WHO)及國際健康促進及教育聯盟(The International Union for Health Promotion and Education, IUHPE)皆為該網絡之夥伴。該網絡除了積極促使更多健康促進機構成立之外,更聯合現有健康促進機構,支持各類健康促進活動,協助發展健康促進專業,從而提升該國家或地方之人民健康水準。

INHPF正式會員目前有七個國家八個機構,包括我國國民健康署、泰國健康促進基金會(Thai Health Promotion Foundation,簡稱ThaiHealth)、澳洲維多利亞健康促進基金會(Victorian Health Promotion Foundation,簡稱VicHealth)、西澳健康促進基金會(Western Australia Health Promotion Foundation,簡稱Healthway)、近期內有可能併入馬來西亞衛生部的健康促進機構(Malaysia Health Promotion Board,簡稱MySihat)、韓國健康促進基金會(KHealth)、東加健康促進基金會(Tonga Health Promotion Foundation,簡稱TongaHealth),以及去年才加入的新加坡保健促進局(Singapore Health Promotion Board)。網絡合作夥伴則有世界衛生組織(World Health Organization,簡稱WHO)、世界健康促進及教育聯盟(International Union for Health Promotion and Education,簡稱IUHPE)等。隨著全球非傳染性疾病防治工作的推動,參加網絡是非常好的國際交流平台,加上會員國基金會的CEO 多為該國重要公共衛生官員或大學教授,經由每年的固定年會,不但可進行實質交流,並能藉由人脈的建立,依各國實際需要,發展雙邊或多邊互動。例如:在2016年第16屆INHPF年會之後,新加坡保健促進局來信欲瞭解我國肥胖防制成果,本署則請該局分享「日行萬步」計畫辦理經驗;韓國KHealth亦請本署提供監測系統的建置經驗。

目前INHPF主席由澳洲VicHealth的CEO Jerril Rechter女士擔任。

## 二、第17屆INHPF年會簡介

在2016年11月30 日至12月2日第16屆INHPF年會的CEO會議上,決議第17屆年會由馬來西亞的MySihat主辦,原訂會議時間為2017年11月,惟因種種因素MySihat在2017年未及辦理,展延至2018年3月,又再度展延至2018年10月29日及30日,為期二天(第二天下午為會員CEO閉門會議)。

本次年會除了西澳健康促進基金會Healthway因面臨角色調整,未能派員外,其他網絡會員都派有代表參加;此外,WHO西太平洋合作辦公室,及馬來西亞衛生部及各洲衛生局亦派員,與會者超過百人。重要與會者名單與簡介如附件1。各會員代表分別報告各國健康促進業務推動現況與成果,以及未來挑戰。本人報告台灣健康識能的倡導,獲得多位與會人士迴響。

# 貳、目的

- 一、藉由非官方組織進行官方交流。
- 二、出席 INHPF 第17 屆年會。
- 三、與各國專家與官方代表互動,建立區域合作網絡。

# 參、過程

- 一、出國日期:107年10月28日至10月31日
- 二、日期行程

日期	行程内容
10月28 日	出發(台北-馬來西亞吉隆坡)
10月29日	全日出席第17屆國際健康促進機構網絡年會
10月30日	全日出席第17屆國際健康促進機構網絡年會
10月31日	返程 (馬來西亞吉隆坡-台北)

## 三、年會議程

## **AGENDA**

# $17^{\text{\tiny{TH}}}$ ANNUAL MEETING OF THE INTERNATIONAL NETWORK OF HEALTH PROMOTION FOUNDATION (INHPF), WP PUTRAJAYA,

## 29 - 30 OCTOBER 2018

## From Evidence to Action

Date: Day 1, Ballroom 2 (29 October 2018 - Monday)

TIME	SESSION DESCRIPTION	SPEAKER	NOTES
8.00 - 8.30	Registration		
9.00 - 10.00	Arrival of Hon. Datuk Dr. Noor Hisham bin Abdu.	llah, Director-General	
	of Health, Ministry of Health Malaysia		
	National Anthem "Negaraku"		
	Welcoming Performance		
	Welcoming Remarks by Hon. Tan Sri Dato' Sri I	Dr. Hj. Mohd Nasir Bin	
	Mohd Ashraf, Chairman, Malaysian Health Promo	tion Board (MySihat)	
	Remarks by Ms. Jerril Retcher, Chairman, Internati Promotion Foundation (INHPF)	onal Network of Health	
	Opening Speech by Hon. Datuk Dr. Noor Hisham Director-General of Health, Ministry of Health Ma		
	Video Montage Presentation		
	Introduction Session of INHPF Delegates to Hon. I	Datuk Dr. Noor Hisham	
	bin Abdullah, Director-General of Health, Ministry	v of Health Malaysia	
	Group photo session		
10.00 - 10.30	Tea Break		
10.30 - 11.30	Technical Discussion on why we need HPF and	All CEOs/	
	what other countries are doing for NCD	Representatives of	
	prevention	the CEOs	

TIME	SESSION DESCRIPTION		SPEAKER	NOTES
11.30-12.00	Update of Health Promotion Foundations'	a)	VicHealth	
	(HPF) work on policy advocacy in the past 2	<i>b)</i>	ThaiHealth	
	years			
	What policy advocacy each HPF has been			
	done in the past few years.			
	Ongoing policy advocacy by the HPF			
12.00 - 14.00	Lunch			
14.00 - 14.45	Update of Health Promotion Foundations'	a)	MySihat	(10 mins presentation, 5 min
	(HPF) work on policy advocacy in the past 2	<i>b)</i>	TongaHealth	discussion)
	years	c)	KHealth	
	What policy advocacy each HPF has been			
	done in the past few years.			
	Ongoing policy advocacy by the HPF			
15.00 - 18.00	Sight Seeing Tour			(INHPF Delegates only)
19.30 - 22.30	Welcoming Dinner (Ballroom 1)			

## Date: Day 2, Ballroom 2 (30 October 2018- Tuesday)

TIME	SESSION DESCRIPTION	SPEAKER	NOTES
8.30 - 9.00	Registration		
9.00 - 9.30	Update of HPF's work on policy advocacy	a) Singapore HPB	(10 mins presentation, 5
	in the past 2 years		min discussion)
	What policy advocacy each HPF has	b) Taiwan HPA	
	been done in the past few years		
	Ongoing policy advocacy by the HPF		
9.30-9.45	Tea Break		
9.45 - 10.15	a) Stakeholder engagement in policy	a) Singapore HP	(10 mins presentation, 5
	making		min discussion)
		b) VicHealth	

TIME	SESSION DESCRIPTION	SPEAKER	NOTES
	b) Stakeholder engagement: How do we manage stakeholder expectations?		
10.15- 11.00	Hot Issues:  a) Smoking Ban In Public Places &  Tobacco Control Regulation	a) Malaysia MOH	(10 mins presentation, 5 min discussion)
	b) Update work on salt intake restriction	b) VicHealth	
	c) Other measures to reduce sugar intake (programs/projects)	c) ThaiHealth	
11.00-12.30	Overall trends, directions, challenges faced by HPFs	Secretariat	
	Regional movement on health promotion policy	a) WPRO b) SEATCA	
12.30-14.00	Lunch	1	
14.00-15.00	Chief Executive Officer Meeting *(Kuala Lumpur Meeting Room)	CEO Private Meeting	

## 肆、會議重點

## 一、10/29 第一天

本日會議的重點有二:

- (一)討論各基金的會的財務永續力、組織穩定度、治理能力及領導力。
- (二)由澳洲維多利亞省的 VicHealth、馬來西亞、東加與韓國的健康促進基金會報告過去二年業務重點以及倡議主題。

多數國家的健康促進組織或機構的情況大致良好。但是馬來西亞因為今年上半年大選結果,政黨輪替,新政府執政後,擬將原本是獨立組織的馬來西亞健康促進基金會Mysihat 收歸於衛生部之下,或是維持基金會形式但是財務自主,造成 Mysihat 組織定位不明,財源不確定,而且原本的 CEO 已經離職 ,因此領導階層亦不穩定。

本人代表報告國民健康署在財務永續力、組織穩定度、治理能力及領導力的特色,如附件一。由於本署與新加坡 Health Promotion Board 是唯二的政府單位,因此與會人士特別關注與其他政府機構之間的合作關係。這部分新加坡與我國情況相似,政府機關之屬性使得健康促進業務較容易與其他政府業務整合,但是每一個機關有其政策的優先順序,仍必須靠持續溝通,才能整合彼此業務,發揮一加一大於二的效果。

各國健康促進基金會過去二年業務重點以及倡議主題:

## (一) 澳洲維多利亞省(如附件二):

VicHealth 在過去二年進行健康飲食調查、酒類成品的酒精程度標示、性別平權、餐廳 全面禁菸、婚姻平權等議題。

## (二) 泰國(如附件三):

ThaiHealth 的特色之一在於其積極參與聯合國 NCD 防治的國際合作計畫,爭取聯合國 高層會議在泰國召開,使泰國的健康促進工作充分與國際接軌。

在政策倡議部分,ThaiHealth 採行政策倡議、研究與社會運動三管齊下模式,過去二年的重點包括:

菸害防制:在 2017 年促成菸害防制法修訂,採行菸盒素面包裝,配合提高菸稅等措施,使得 15 歲以上國民吸菸率逐年下降。

酒害防制:在大學周圍 300 公尺範圍內禁止販酒,佛教齋期及節慶不飲酒,配合 FCAC 政策,開徵酒稅。因此從 2015 到 2017 年間,15 歲以上人口飲酒率顯著下降,特別是男性。

- 運動: 遵循健康運動曼谷宣言,泰國政府制定 2018-2030 長程計畫,推動路跑等大規模 運動活動。
- 健康飲食:從食物到營養到健康,推動減鹽(鈉)、嬰幼兒食品管制、開徵累進式 (progressive)糖稅、規範反式脂肪。
- 特定群體保護: 鼓勵機構進用殘障人士,2017年底實施佛教僧侶健康憲章,促進修行人的健康,並藉由佛教網絡進行社區健康促進。

## (三) 馬來西亞(如附件四):

遵循聯合國永續發展目標以及 WHO 上海宣言, Mysihat 的主要策略在於健康城市、跨部門合作、社區動員及健康識能四項。

健康城市:健康的硬體規劃與綠色都市設計。

跨部門合作: 為提升健康狀態及平等,在所有公共決策及推動中皆關注對健康的影響。

社區動員:以新的中央政府所在區域 Putrajaya 為示範區。致力於青年與社區培力及賦權、職場健康與慢性病防治,與教育部共同培育體適能志工(Programme Fit & Cool)。

健康識能: 為有學習障礙的特教生推動健康生活介入計畫。

## (四) 東加(如附件五):

東加王國的健康促進經費主要來自紐西蘭的捐贈,致力於非傳然性疾病防治。該國使用目的主要在於菸害防制,首度成立戒菸專線,於2016及2017各展開為期6週的拒菸活動,分別強調二手菸的健康的危害(特別是對胎兒與兒童),以及吸菸對吸菸者自己的健康危害。

復因東加肥胖問題嚴重,因此,運動、健康飲食推廣、酒害教育等也是工作項目。對 有害健康的產品課稅,則是目前正在努力的目標。

## (五) 韓國(如附件六):

韓國健康促進院 KHealth 是個半官方機構,過去二年韓國中央政府領導人的更迭影響到 KHealth 的管理階層,而間接影響該院的運作。所幸目前政局已穩定,KHealth 繼續推動政策倡議,建立監測系統,並為地方政府規劃健康促進計畫,包括菸害防制、降低酒害以及肥胖防治。

菸害防制: 更新菸盒警示圖文,將於 2018 年底實施;全國性媒體宣導,菸品廣告監測 以及青少年菸害教育。 降低酒害:以重新出發(Restar)為活動標語,以漫畫形式製作文宣,招募大專志工,在 國家公園及職場堆動公司應酬((company night-out)飲酒節制,監測酒品廣 告,管制大眾媒體飲酒畫面,特別是最受歡迎的電視節目。

肥胖防治: 韓國衛生福利部在 2018 年公布肥胖防治五年計畫,結合教育、農業、文化、勞動、交通及食品藥物管制部門共同合作。KHealth 負責提供實證資料即召開化部門會議,製作衛教素材並支援教育訓練計畫。為了強化以實證為基礎的決策與成果評估,KHealth 未來將更強化公共衛生服務資訊系統。

## 二、10/30 第二天

本日續由新加坡及我國報告過去二年業務重點以及倡議主題,另有數個專題報告,包括健康促進利害關係人的參與、公共場所禁菸、減鹽及減糖、如何在亞太區域堆動健康促進政策。下午則是 CEO meeting。

(一) 新加坡報告過去二年的政策倡議及健康促進利害關係人參與(如附件七):

及加坡採行政府、健康夥伴與及人民三方協力的系統方式(system approach),打造引導 行為改變的支持環境。政府公權力最有利的展現是推動無菸環境;健康夥伴合作的範 例則是在民眾改變飲食習慣的同時,食品業者改變配方,提供更多較健康的食品選 擇;而以創新形式帶動民眾健康行為的活動莫過於日行萬步計畫。

- (二) 台灣: 由本人報告台灣健康識能的倡導(如附件八)。
- (三) 公共場所禁菸(如附件九):

中東南亞拒菸聯盟 Southeast Asia Tobacco Control Alliance 工作現況。

在新加坡 49%的疾病負擔可歸因於 NCDs,而最重要的危險因子是體重過重。因此,新(四)減鹽及減糖(如附件十、十一)

- 1. VicHealth 介紹其 2014-2018 間 5 年減鹽計畫之策略—藉由政策倡議、公共認知及食品產業承諾三管齊下以降低食鹽攝取。主打口號是 Unpack the Salt (不用鹽包)。
- 2. ThaiHealth 介紹泰國課糖飲稅的經驗。Mahidol 大學調查顯示 72.9%泰國人會飲用瓶

(罐)裝飲料,另一項研究則顯示課稅是效果第一、成本效果第二的介入方式,因 此從 2015 年起,泰國政府開始推動糖飲稅,2016 年 4 月通過,自 2017 年 9 月開始 針對含糖量在 10%以上的包裝飲料按零售價課以累進糖稅,惟為減低對產業的影響,配合調整相關產品的稅制。ThaiHealth 的 CEO 私下表示,他們知道零售業有種 種避稅對策,也因此有水貨崛起,但是他們並不擔心,相信假以時日市場會回歸正 常。

## (五) 如何在亞太區域堆動健康促進政策(如附件十二)

由新任 WHO 西太平洋地區主任說明健康促進政策的區域動向,包括出版

- 1. 城市健康的區域架構一健康與韌性城市
- 2. 健康城市工具書一好健康就是好政策
- 3. 拯救生命花費少一對抗四大健康危險因子及防治癌症、心臟血管疾病與糖尿病。因 WHO 西太平洋地區辦公室位於菲律賓的馬尼拉,故提及菲律賓 2012 年通過修正菸 酒稅法後,駛 2018 年菸酒稅收入與政府健康預算高達 2012 年的 3 倍。

## (六) CEO meeting

決議明年第 18 屆年會在新加坡召開,日期暫訂為 11 月初。另在明年於紐西蘭舉辦的國際健康促進與教育聯合會(IUHPE)上,INHPF 要辦理一個 symposium,希望參與該會議的 CEO 們能協助擔任引言人。

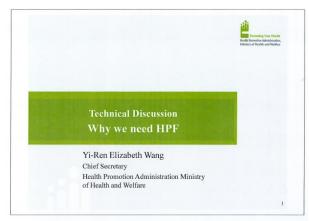
## 伍、心得與建議

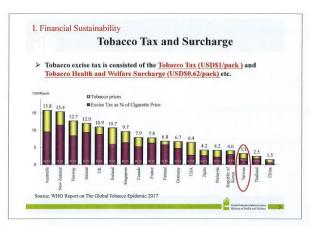
一、本次年會上報告台灣健康識能的倡導,獲得與會人士高度讚譽,並提出多個問題討論。對於我國健康識能的發展架構、策略、工具發展及試行結果等面向的問題本人皆於會上一一答覆,惟有對於民眾健康結果(health outcome)的影響,只能說明因導入時間不長,只有試辦階段的結果。健康識能提升對於健康服務結果的影響,未來可

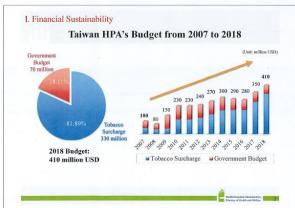
作更全面的評估。

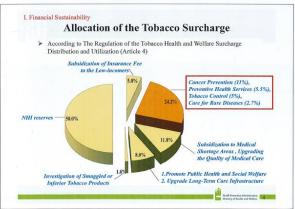
- 二、新加坡保健促進局 CEO 報告過去二年的政策倡議,仍是以日行萬步及食品健康選擇 (Healthier Choice)標章二項政策為例,與 2016 年第 16 屆年會報告的主題相同,但是 今年的報告提供更完整的政策脈絡、更廣闊的推行範圍以及更周延的成效評估。新 加坡在其他的健康國際會議上亦主打日行萬步及食品健康選擇標章,顯示新加坡政 府是以「十年磨一劍」的精神,很有計畫地打造該國的政策櫥窗,成為國際注目的 亮點。我國許多創新的健康促進作為亦應有計畫地使其逐年熟成,建立國際間的標 竿形象。
- 三、本組織的成員為各國提供健康促進政策倡議及實務工作的主要機構,在形式上有三種類型,一種是純粹政府機構,如本署;一種是公法人,如新加坡的 Health Promotion Board;還有一種則是由政府撥付經費成立的法人基金會。三種組織模式可說各擅勝場,在運作上,基金會最具彈性,但是如果沒有法律保障其財源及任務,容易在政黨輪替或是國內政局變化中受到影響。另一方面,純粹政府機構卻因為人事調整困難,面對全方位的健康促進工作不易面面顧到。
- 四、年會是會員交流經驗的平台,藉由年會的召開不但可以瞭解各國健康促進最新進展,而且建立網絡後,平日亦可分享工作資訊或安排會員間的雙向深度交流。
- 五、目前我國外交處境受到若干限制,間接影響到國際專業會議的參與,但是本組織因沒有接受 WHO 的任何財務補助,故不受制於 WHO 種種對我國不利的約束,為健康促進實質交流的絕佳平台。

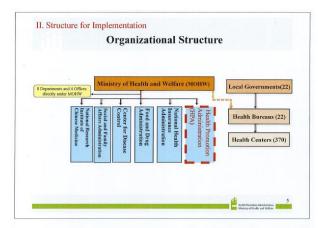
## 附件一





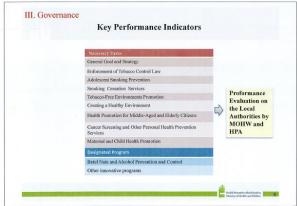




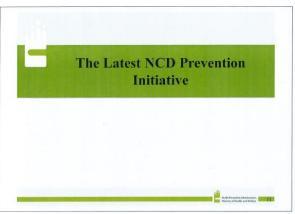




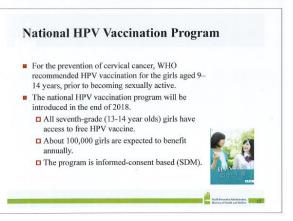












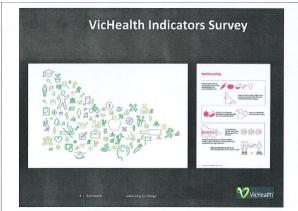


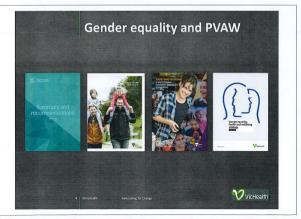


## 附件二







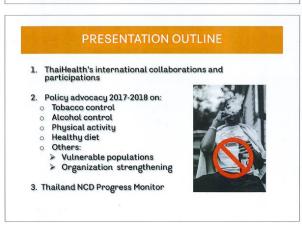


























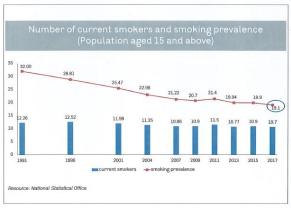
### THAIHEALTH'S ROLE IN TOBACCO CONTROL MOVEMENT

Key: Strategic and Well Coordinated Movement & Measures according to MPOWER

- Provide catalytic <u>funding and</u> coordination to Key Players (in all 3 angles: Knowledge, Social Mobilization, Policy Advocacy)
  Provide Synergistic <u>media campaigns</u>
  Advocate regular increase of <u>tobacco tax</u>

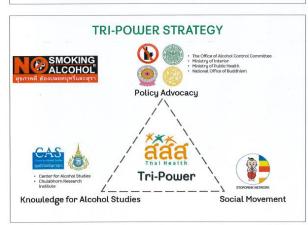
- Advocate tobacco laws & regulations & enforcement new tobacco control law 2017, smoke-free environment, pictorial warnings, etc.)
- Support National Quitline (Toll Free 1600)

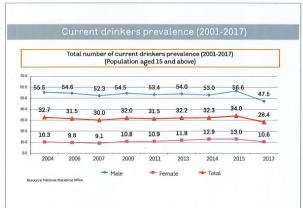
  Leverage international policies and movements (e.g. FCTC) to support domestic movement and vice versa

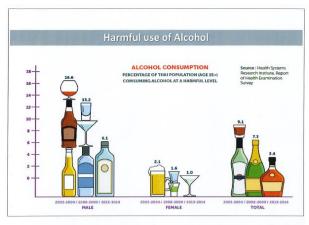


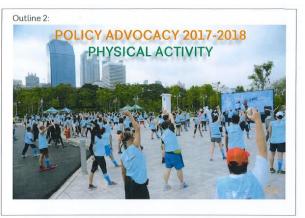


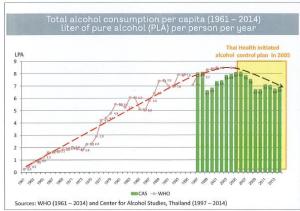


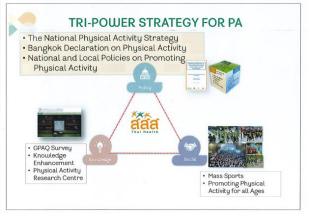


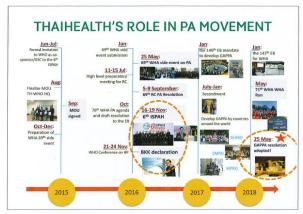








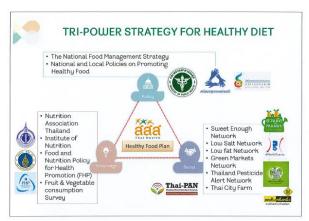




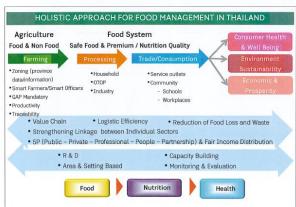












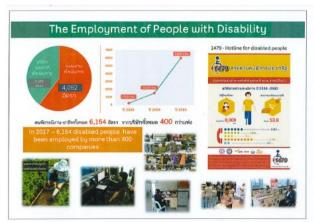


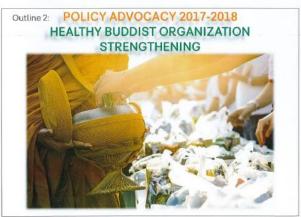








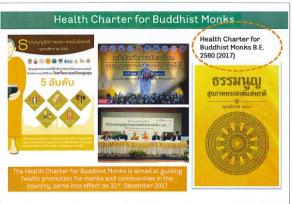






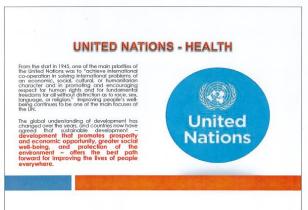


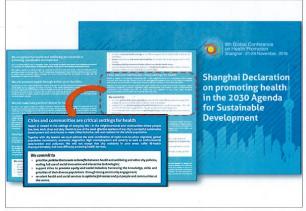




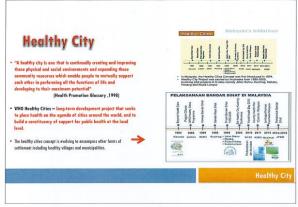








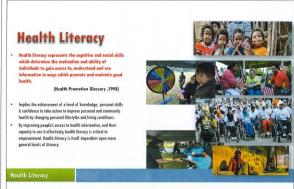
















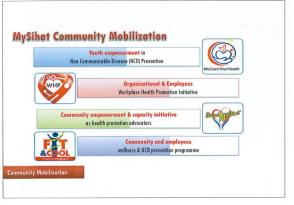
 "...Strong health systems, based on peoplecentred primary care, with a focus on health promotion and disease prevention, are the best investment we can make in the fight against NCOs. Community engagement is especially important. When communities become informed about the risk factors that cause NCOs, they become the best possible advocates."

Dr Tedros Adhanom Ghebreyesus, Director-General WHO 7 May 2018













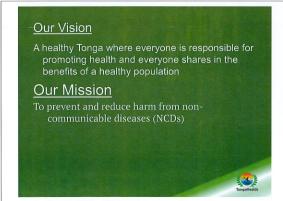




## 附件五

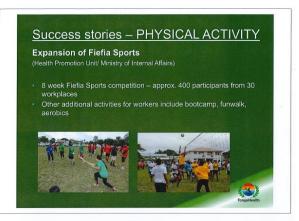










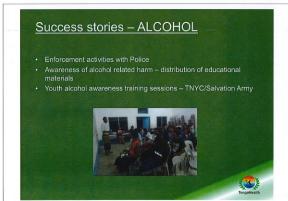




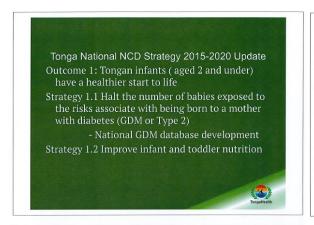








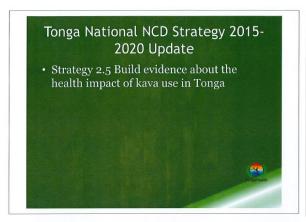


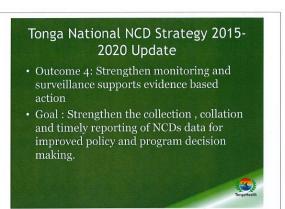


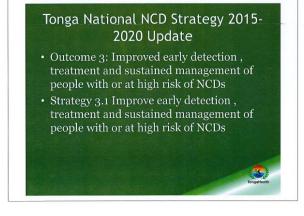


# Tonga National NCD Strategy 2015-2020 Update Outcome 2: Tongan are leading healthier lifestyles (with a focus on children and adolescents) Strategy 2.1 more Tongans are meeting the WHO Global Physical Activity guidelines Expansion of Fiefia sports Volunteer led community programs

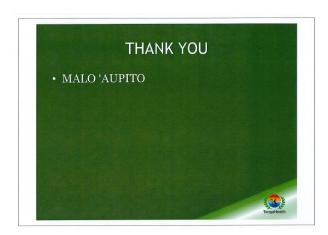








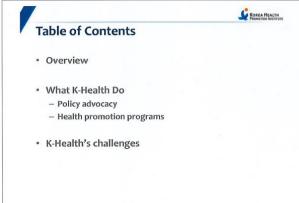
# WAY FORWARD Complete Outstanding Annual reports Strengthen Monitoring and Evaluation Staff Capacity Development in the area of M&E, Programming and Communication How to revive multi-sectoral committee and sustaining it. How to develop quality workplan with implementing Partners to align to National NCD Strategy (underspent)



## 附件六

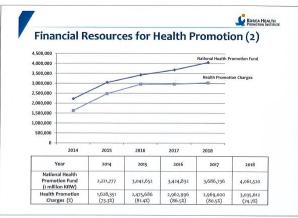


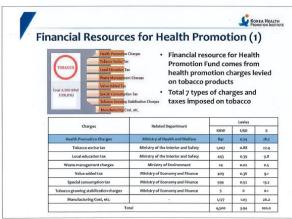






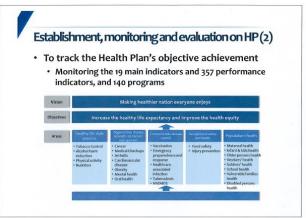












## Establishment, monitoring and evaluation on HP(1)

- What is Health Plan?
  - A comprehensive plan to suggest policy directions for Korean's health promotion and disease prevention
  - Medium and long-term plans which is established by Article 4 of National Health Promotion Act

	HP2010 ('02~'10)		HP2020('11-'20)		HP2030('21~'30)	
	1 <sup>st</sup> term (2002-2010)	2 <sup>nd</sup> term (2006~2010)	3 <sup>rd</sup> term (2011–2020)	4 <sup>th</sup> term (2016–2020)	5 <sup>th</sup> term (2021~2030)	
Area	6	4	6	6	Developing HP2030	
Subject		24	32	27		
Program	39	108	140	140		
Main Indicator		12	16	19		
Performance indicator	40	244	405	357		

# Supporting the establishment of Community Healthcare Planning(1)

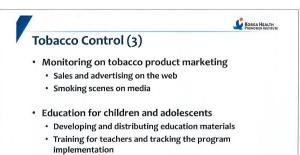
- Community Healthcare Plan
  - A comprehensive plan for improving healthcare status in local communities
  - Local governments(cities, provinces, etc) establish this mid-long term plan every 4 years, and annually formulating action plans
  - CHP Progress
    - 1st term (1997-1998) initially started as a partial proposal for improvement of rural community healthcare services
    - · 3<sup>rd</sup> term(2003-2006) settled down as a comprehensive and regular healthcare plan
    - <u>7<sup>th</sup> term(2019-) on going process to establish the plan and to offer consultations for local communities</u>

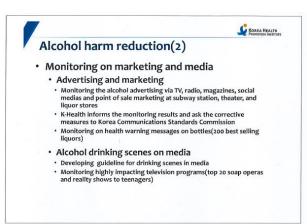
# Supporting the establishment of Community Healthcare Planning(2) Offering technical support for planning in general Developing & distributing the planning guidelines and evaluating Connecting central and local governments for policy consistency Cartill Covernments Person of the Exabling Indiana Planning Planning Increasing the plan quality and enhancing implementation ability







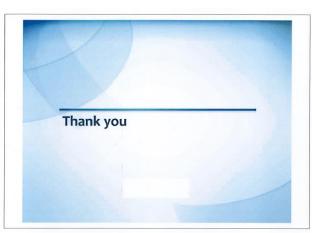


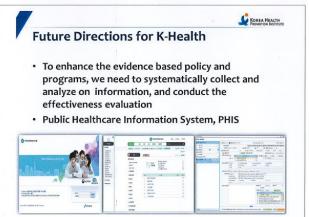




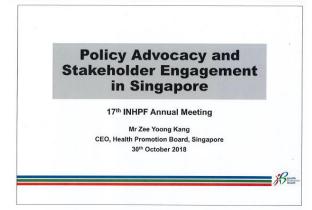


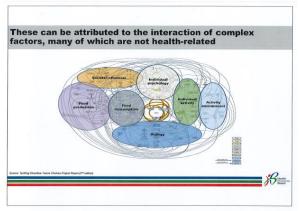


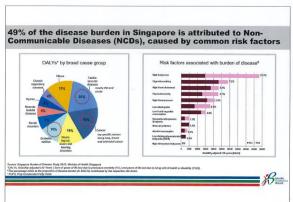


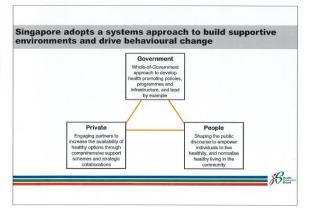


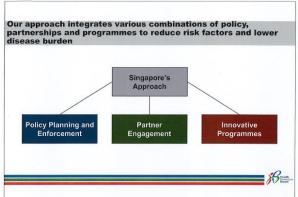
## 附件七



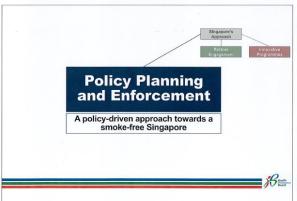




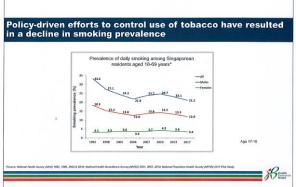








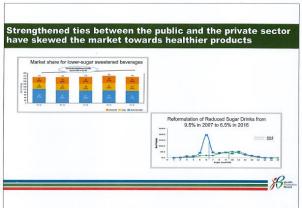




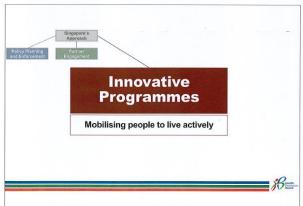


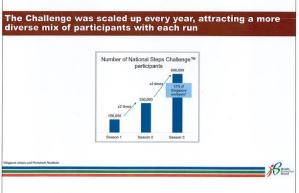




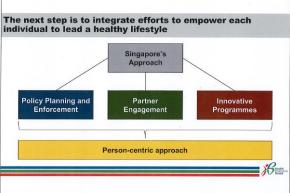


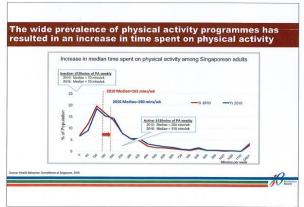


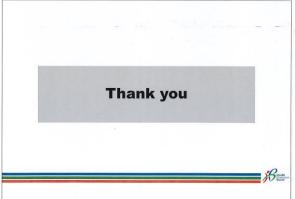






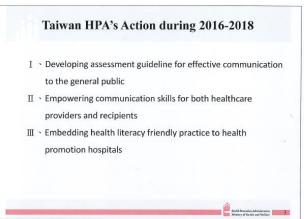




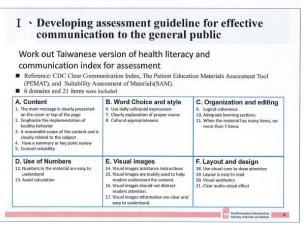


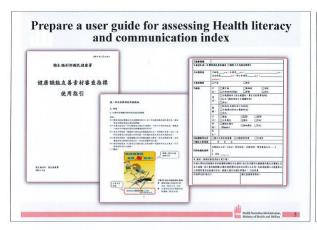
## 附件八

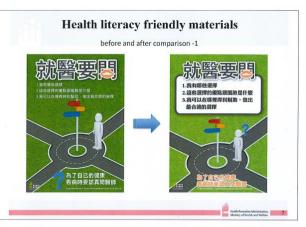


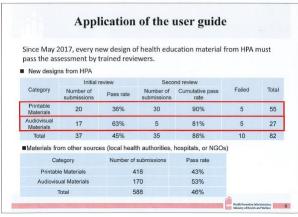






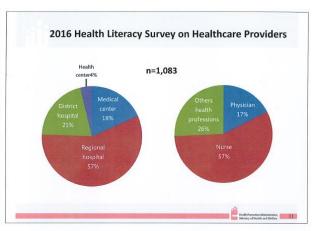


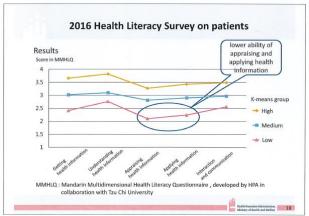


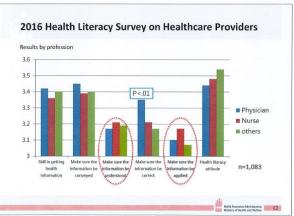


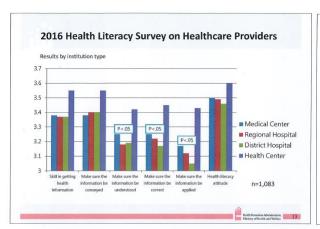


### **II** · Empowering communication skills for both patients and healthcare providers 2016 Health Literacy Survey on patients Subjects Healthcare institutes Medical center District hospital Health center total Organizations 5 17 12 3 37 753 1,269 363 2,475 patients (30.4%) (51.3%) (14.7%)(3.6%) (100%) From Survey and intervention program for improving of health literacy of healthcare recipients and providers at health promotion hospitals (2015-2018)

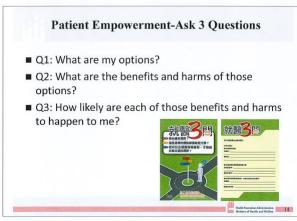






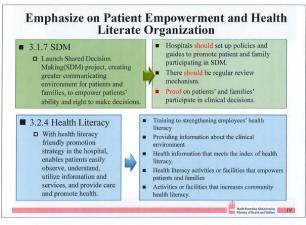


# Healthcare Providers Empowerment Development of health literacy training materials Module on health literacy concepts Module on verbal communication Module on written communication Module on community care Provide a series of training programs in 2017-2018 e-learning + flipped classroom with team based learning



















## **SEATCA Updates**

**INHPF Annual Meeting** 30 November 2018

> Dr. Ulysses Dorotheo Executive Director

> > seatca.org





### SEATCA and health promotion funding

- · Sustainable financing: TC and HP
  - FCTC Article 6 and 26
  - · Addis Ababa Action Agenda
- · ThaiHealth support
  - · promotion of HPF
  - INHPF Secretariat



### 2017-2018 Regional Activities

- Mentoring/technical assistance
  - "new" TCF/HPF (Vietnam and Lao PDR): Thail-lealth study visits and in-country meetings
  - Myanmar, Philippines, Cambodia: policy advocacy for sustainable TC financing e.g. National Seminar on Tobacco Taxation for Myanmar parliamentarians
     Tobacco tax modeling (MOF & MOH): Cambodia, Lao PDR, and Myanmar

  - HPF advocacy meetings with MOH
  - · Closely working with local partners to engage media
- Sharing country knowledge and experiences (Thailand, Philippines): Vietnam, Myanmar
- Resource Center on tobacco tax and sustainable financial mechanism (www.seatca.org)



## 2017-2018 Regional Activities

- · SEARO
- · regional forum to accelerate NCD prevention and control in the context of SDGs
- Nepal: learning to operationalize the Fund
- Sri Lanka: HPF





## 2017 study visit for Vietnam parliamentarians and officials on ThaiHealth's experiences on Alcohol Taxation

- National Assembly VNTCF Control Board
- Ministry of Health (Legislation Department)
- Ministry of Finance (Department
- of Public Expenditure) Ministry of Justice (Department of Criminal and Administrative
- Laws) Government Office
- Ministry of Home Affairs



## 2017-2018 Regional Activities

- · Global and regional sharing of ASEAN experiences on earmarking tobacco taxes for health promotion
  - 17th World Conference on Tobacco or Health, Cape Town
  - 12th Asia Pacific Conference on Tobacco or Health, Bali

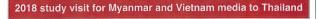


# 2017/2018 study visits for Myanmar Parliamentarians and Finance officials on earmarking tobacco taxes and ThaiHealth's experiences











- · What is ThaiHealth?
- · Tobacco tax system in Thailand
- How is the ThaiHealth Fund used for different programs?
- for different programs?

  Important role of media for healthy life of Thai people





# WHO FCTC Secretariat's Knowledge Hub for Article 5.3

at the
Global Center for
Good Governance in Tobacco Control (GGTC)
www.ggtc.world



## Challenges

- · Limited commitment from legislators and policy makers
- · No clear direction from MOH leadership
  - · Perceived technical difficulties in establishing the fund
  - Little or no resources for a technical team to work specifically on the fund
- Poor support or resistance from MOF
- · Tobacco industry interference





## **INHPF: Strength in numbers**

- · Sharing and solving challenges together
- · Sharing lessons externally and regularly
- · Recruiting new INHPF members and partners

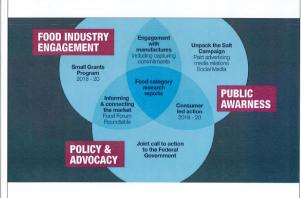






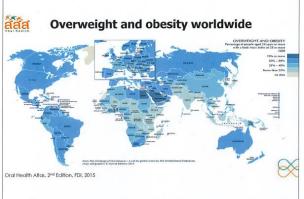


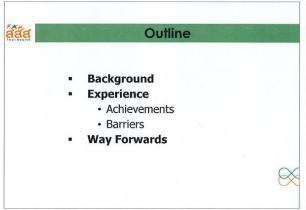




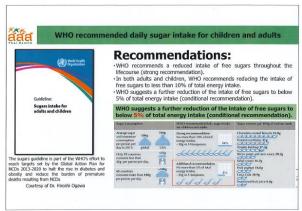
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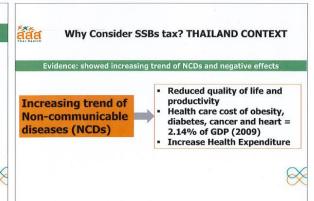


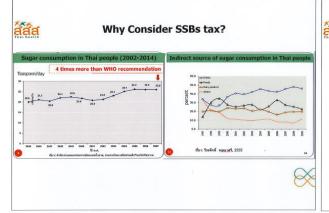


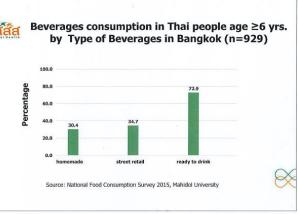


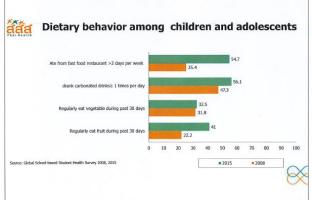


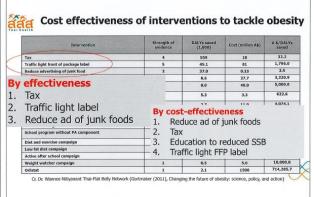












### **Benefits** Taxes on sugary drinks help reduce consumption and prevent obesity · Based on 2014 data, a tax on sugary drinks of 1 yuan (US\$ 0.16) per litre in China n estimated 73.6 billion yuan (US\$ 11.8 billion) Evidence shows that a tax of 20% on sugary drinks in revenues (10). can lead to a reduction in consumption of around 20%, thus preventing obesity and diabetes (7). Revenue generated by these taxes could be spent. nevenue generated by these takes could be spen on efforts to improve health care systems, encour healthier diets, increase physical activity, or build capacity for effective tax administration, further increasing the value of this measure. Savings on healthcare Estimates suggest that, over 10 years, a tax on sugary drinks of 1 cent per ounce in the United States of America would result in more than US\$ 17 billion in healthcare cost savings (8).

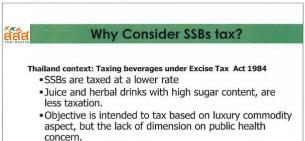
Revenues raised from taxes can be used to promote the health of the population

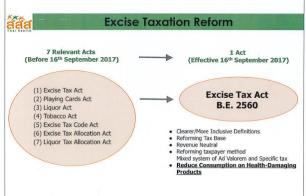
This tax could generate approximately US\$ 13 billion in annual tax revenues in the United States of America in 2016 (9).



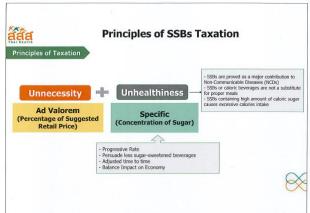
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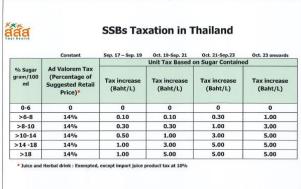
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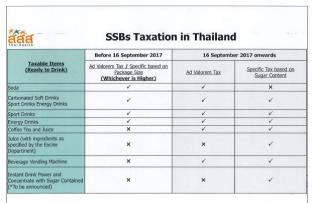




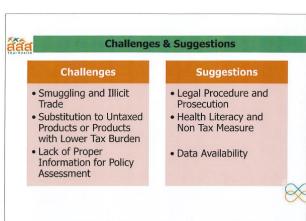
Movement on SSBs Tax









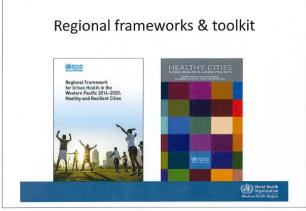


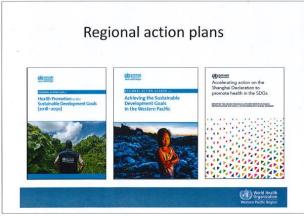


# Engagement of private sectors in moving effective Measures on non-tax movement. Work with all stakeholders in tackling with advertising on sugary drinks especially with gambling advertising. Communication with public raise concern of negative impact on overconsumption of sugar. Evaluating of taxing implementation.

附件十二









## Conditions for health promotion

- Domestic resource mobilization, particularly taxation, is a necessary but not sufficient condition for sustainable health promotion financing budgetary resources!

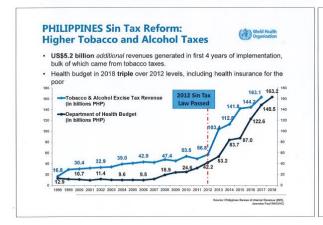
  Spending wisely effective, efficient and accountable is equally important to make an impact
- Taxes on tobacco, alcohol and other health taxes are largely underutilized domestic revenue sources that can provide win-win solutions (public health-> equity -> revenue booster) and can be used to finance health promotion actions
- Implementing cost-effective interventions for NCD prevention and healthy lifestyle shows it is possible to spend wisely, save lives while spending less
- spending ress

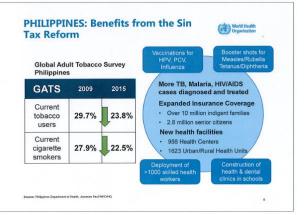
  Decision makers are well positioned to support health promotion foundations and use of taxes through their legislative and oversight functions Advocate! Inform! Justify!

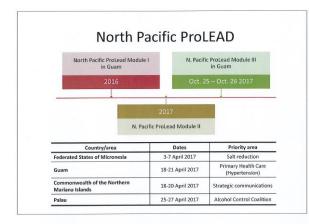


## Health taxes - sustainability health promotion

- Health taxes are part of the solutions for health promotion, but there needs to be other sources of funding as well to improve health
- The main aim of the taxation of unhealthy products is to decrease the consumption of harmful products
- To avoid dependency on health taxes for health promotion, create other sources of revenue – use taxes as a starter or supplementary for health promotion
- For financing to be sustainable, increasing health taxes must be coupled with increased prioritization (resource allocation) from the government (general revenues)







## Thank you!

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## Conclusions

- Engage the appropriate private sector and civil society organizations to ensure wide support for HP Foundation
   Involve patients and communities for planning health promotion interventions citizen participation
   Foster collaboration between health and other sectors, such as finance, trade, education and agriculture multisectoral collaboration in implementation
   Regulate and set standards for health taxes (e.g. human resources, infrastructure, budgetary support); monitor and evaluate actions
   Link budget allocation to more efficient spending on tax based revenues

- revenues

  Promote multi-sectoral work and budget synergies among the various sectors to achieve the SDGs.

  Ensure accountability mechanisms for health promotion foundation performance (e.g. quality, equity, and efficiency); transparency in use of funds/taxes

