

出國類別：國際會議暨參訪

香港醫學教育交流參訪-全人照護醫學教育，以學習者福祉為中心

服務機關：成大醫院

姓名職稱：教學副院長 薛尊仁

教學中心副主任潘倩慧

派赴國家：香港

出國期間：2015.11.25 – 11.29

報告日期：2015.12.10

摘要:

全人照護醫學教育，鼓勵以問題導向課程設計，服務學習體驗，人文美學博雅通識教育及典範學習為目標，期待培養學生面對問題解決問題之能力並激發實際行動，學生將具有分析能力，批判思考，有效溝通及以社會公民福祉為中心，強調終身學習，獨立與合作並進的學習方式。

兩天的國際研討會專業素養工作坊及參訪行程，深刻體驗與學習，不論醫學生，醫師或教師都必須具備終身學習的能力，培養好醫師所需特質及能力，及專業素養，包括卓越、人本、利他及責任，也是 ACGME 對醫師教育中六大臨床核心能力，尤其變遷迅速的社會型態及醫療市場丕變，病人自主意識高張，醫師的專業及醫德備受社會關切，專業素養更受重視，教師的能力及特質成為醫學生典範學習的對象。

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- 三、 心得及建議 p.11

目的

本次出國計畫目標為了解並標竿學習，世界排名前二十之香港大學醫學院，及其附設醫院之全人照護醫學教育，研討會主題為學習者福祉及醫學專業素養，期能推動本院醫院評鑑醫學中心任務三；落實全人照護醫學教育。

過程

本次出訪研討，由教學副院長薛尊仁教授及教學中心副主任潘倩慧一同前往香港，期間自 104 年 11 月 25 日至 104 年 11 月 28 日，參訪香港大學，香港大學醫學院及附設醫院。香港大學建校 128 年，國父孫中山先生為香港大學醫學院首屆畢業生，其實習主要醫院為瑪莉皇后教學醫院，每年只招收 210 位學生，皆為頂尖學生，與香港中文大學醫學院為香港僅有的兩所醫學院，其在教學研究服務與行政並重，對師生之全人培育典範學習極為重視，每年舉辦國際研討會，今年主題學習者福祉，有來自台灣、日本、韓國、中國、泰國、英國、美國之學者專家與會，並分享其醫學教育對於問題導向學習，典範學習，專業素養之作法，如何促進學習者福祉及其壓力調適與復原力之研究，輔導學生度過困難，轉換與適應，成為一位身心靈社會各方面健全之全人。

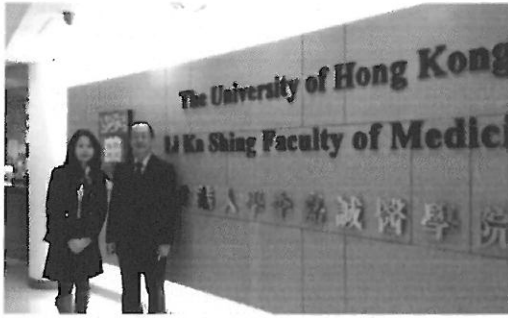
其中令人印象深刻的是典範學習，在臨床能力(Clinical competence)有四項重點: 1.認真負責，能適時矯正學生的錯誤，使病人在安全的照護環境中，得到最好的照護。2.能使用多種不同教學方法，引起學生注意力及討論技巧。3.教授基本原則(正確簡短清楚)示範正確做法。4.服務態度優良，醫病關係良好。在教學技巧(teaching skills)有十項重點，1.身教言教合一。2.樂於教學工作。3.擬定良好教學計畫。4.教學

內容能根據學員的需求，並依照學員學習狀況做教學進度與內容上的調整。5.熟悉教學法。6.具備專業技能之勝任。7.學生遇到問題時能親切的指導與教學。8.以學生為中心。9.引導學生獨立思考。10.上課不缺課或遲到。在個人特質(personal qualities)有十項重點:1.誨人不倦，不斷吸取新知識。2.身體力行，知行合一。3.循序漸進，諄諄教誨。4.主動積極，樂觀進取。5.鼓勵學生表達工作上的困難 6.良好的溝通技巧。7.關心並協助解決學員臨床問題。8.憐憫同情與關懷。9.從關心、愛心、責任心上尋求成就感與價值觀。10.隨時隨地關心學員如何尋求答案。

培育新一代醫師與醫療專業人才，是醫學教育極重要任務，在長時間養成過程，學習者經常是以他們尊敬且信任的師長為模範，一個好的醫學典範，在臨床方面要有卓越的臨床技巧，能進行有效的溝通，正確的臨床推理及決策。在教學技巧方面，能意識到自己擔任典範角色的責任，能明確教導要傳授的內容，會安排教學的時間，能表達尊重學習者的需求，會提供即時的回饋及鼓勵學習者反省。在個人特質方面，具同情心與關懷態度，誠實與廉潔，熱心於醫療與教學，具有有效的人際間的技巧，致力於卓越，重視同僚之關係，會展現幽默。

最後一天下午為專業素養工作坊，探討何為醫學專業素養，即醫師所展現的能力和態度，被病患及社會大眾所信賴的行為。醫學專業

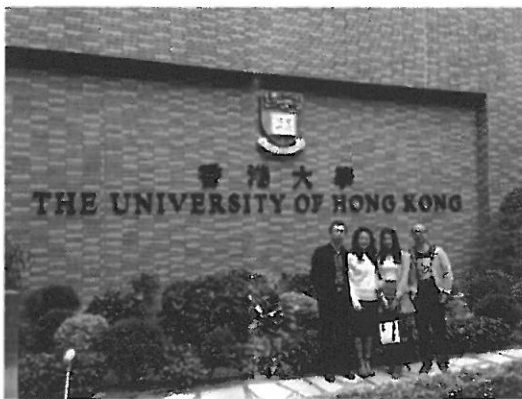
素養不僅在課堂上培養，應透過生活教育典範學習將它落實在醫學生活的每一角落，才能建立醫學專業素養的氛圍。



薛尊仁副院長及潘倩慧副主任參訪香港大學暨李嘉誠醫學院



薛尊仁副院長及潘倩慧副主任與香港大學醫學院長高級顧問暨生物
醫學院常務副院長陳應城教授交流互贈紀念品



潘倩慧副主任與廣州中山大學醫學院解剖學科副教授郭開華及生理
學科副教授談智參訪香港大學



潘倩慧副主任與國父孫中山先生
銅像「我有如遊子歸家」合影



潘倩慧副主任於李嘉誠醫學
院醫學教育研討會會場



潘倩慧副主任於香港大學
博物館留念



「過三爆四無敵勁過」
香港大學遊客中心最夯紀念品



潘倩慧主任醫學教育研討會證書

LI KA SHING FACULTY OF MEDICINE
THE UNIVERSITY OF HONG KONG

"Frontiers in Medical and Health Sciences Education - HKU 2015" Conference:
Learner Wellbeing Across the Continuum

Cheung Kong Hai Conference Centre, G/F, Wilson MA, Hong Kong, Faculty of Medicine Building
31 Sassoon Road, Midlevels, Hong Kong
November 27-28, 2015

Conference Programme

November 27, 2015 (Friday)

08:00 - 08:30 Registration

08:45 - 09:00 Opening Ceremony

Opening Remarks by Professor Ian Holliday
Vice-President and Pro-Vice-Chancellor (Teaching and Learning)
The University of Hong Kong, Hong Kong

Welcoming Address by Professor Chuk Sing Lau
Associate Dean (Teaching and Learning), Li Ka Shing Faculty of Medicine
The University of Hong Kong, Hong Kong

Group Photo

09:00 - 10:15 First Plenary Session on "Wellbeing and Outcomes"

Chairman: Professor Tai Hong Lam,
Department of Family Medicine and Primary Care
The University of Hong Kong, Hong Kong

09:00 - 09:30	"Role of Co-curriculum in Student Wellbeing" Dr Albert Chau, Dean of Student Affairs The University of Hong Kong, Hong Kong
09:30 - 10:00	"Teaching Students to Increase Resiliency and Reduce Vulnerabilities to Obstacles and Stressors" Professor Ingeette Lippman, University of Virginia, USA
10:00 - 10:15	Question & Answer

10:15 - 10:45 Coffee Break

Poster Exhibition and Judging - Foyer of Cheung Kong Hai Conference Centre

10:45 - 12:45 Forum on "Learner Wellbeing in Asia: Experience and Issues"

Chairman: Dr Liu Ki Chan, BMHSE & School of Biomedical Sciences
The University of Hong Kong, Hong Kong

10:45 - 10:55	"Holism in Post-graduate Education and Student Wellbeing in S. Korea" Professor Duckun Ahn, Korea University, Korea
10:55 - 11:05	"Lessons from Experiences of Japan and Kyoto University" Dr Hiroshi Matsuzaki, Kyoto University, Japan
11:05 - 11:15	"Cultivating the Wellbeing of Undergraduate Students" Professor Virojda Kumpikul, Chiang Mai University, Thailand
11:15 - 11:25	"Students with Problems: The Simple The Complex The Life-Threatening" Professor Matthew Gwee, National University of Singapore, Singapore
11:25 - 11:35	"Maintaining Wellbeing Among Resident Physicians at National Taiwan University Hospital" Dr Shih-Ji Tsai, National Taiwan University Hospital, Taiwan

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11:35 - 11:45	"Personality, Socioeconomic Status, and College Students' Subjective Wellbeing" Dr Yan Ni Sun, Yunnan University, China
11:45 - 11:55	"What Does Medical Student Stress Look Like?" Dr Jui Chen, The University of Hong Kong, Hong Kong
11:55 - 12:05	"Undergraduate Health Professions Students Who Seek Help" Dr Eugene Leung, The University of Hong Kong, Hong Kong
12:05 - 12:15	"Well... Let's Talk About Sleep: Sleep and Wellbeing in College Students" Dr Esther Lau, The Hong Kong Institute of Education, Hong Kong
12:15 - 12:25	"Healthy Body, Healthy Mind: Healthy Student" Dr Michael Tse, The University of Hong Kong, Hong Kong
12:25 - 12:45	Question & Answer

12:45 - 14:00 Lunch at Exhibition Area

14:00 - 15:15 Second Plenary Session on "Promoting Wellbeing and Resilience"

Chairman: Dr George Tsipis, School of Biomedical Sciences
The University of Hong Kong, Hong Kong

14:00 - 14:30	"Promoting Wellbeing and Resilience" Professor Michael Kidd, Flinders University, Australia
14:30 - 15:00	"Medical Student and Resident Burnout: Why it matters" Professor Ericsson Myrskog, Mayo Clinic, USA
15:00 - 15:15	Question & Answer

15:15 - 15:45 Coffee Break

Poster Exhibition and Judging - Foyer of Cheung Kong Hai Conference Centre

15:45 - 17:15 Free Paper Presentations - Oral Presentation

Session A	
Chairman:	Dr Yubin Feng, School of Chinese Medicine The University of Hong Kong, Hong Kong
Judges:	Professor Duckun Ahn, Korea University, Korea Dr Shih-Ji Tsai, National Taiwan University Hospital, Taiwan
Session B	
Chairman:	Ms Rita Tam, Department of Pharmacology and Pharmacy The University of Hong Kong, Hong Kong
Judges:	Professor Virojda Kumpikul, Chiang Mai University, Thailand Dr Hiroshi Matsuzaki, Kyoto University, Japan

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21 Sassoon Road, Pokfulam, Hong Kong
November 27-28, 2015

Session C	
Chairman:	Dr Gilberto Leung, Department of Surgery The University of Hong Kong, Hong Kong
Judges:	Professor Matthew Gwee, National University of Singapore, Singapore Dr Yan Xu, Sun Yat-sen University, China

19.00 – 21.00 Gala Dinner
Peking Garden (Central)

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13.00 – 14.00 Lunch at Exhibition Area

14.00 – 17.30 Workshops with Coffee Break

Workshop I – "Teaching and Assessing Professionalism"	
Facilitator:	Professor Trudi Roberts, University of Leeds, United Kingdom
Workshop II – "The Road to Resilience: How to increase resilience and teach and mentor students in this journey"	
Facilitators:	Professor Jeannette Lancaster, University of Virginia, USA Dr Angela Leung, The University of Hong Kong, Hong Kong

~ End ~

Closing Remarks of the Co-Chairman of the Conference Organizing Committee

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13:30 – 13:40 A message of gratitude to the speakers and the audience.

13:40 – 14:00	Dr. Gilberto Leung, Department of Surgery, The University of Hong Kong, Hong Kong
14:00 – 14:15	Dr. Yan Xu, Sun Yat-sen University, China
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"Frontiers in Medical and Health Sciences Education - HKU 2015" Conference

THE UNIVERSITY OF HONG KONG
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2015.11.27-28 香港大學李嘉誠醫學院醫學教育研討會課程表

Trainers in Medical and Health Sciences Education - HKU 2015th Conference: *Learn, Wellbeing Across the Continuum*
 Poster Presentations November 27-28, 2015

Index #	Poster Presenters	Institution	Title of Poster
PP7	Chao, C.M.	The University of Hong Kong, Hong Kong	Propensity for Remoteness: A Feature of Physiotherapy Expertise
PP8	Capra, C.M.	The University of Hong Kong, Hong Kong	Surgery-Specific Reassessment Scale: Construct and Predictive Validity
PP9	Chan, J.	The University of Hong Kong, Hong Kong	Mandible Making for Assessing Medical Student Walking
PP4	Choi, W.S.	The University of Hong Kong, Hong Kong	Is It Better to Use Teachers or Peers as Group Volunteers as Supervisee Patients to Train Teachers in Clinical Problem Solving?
PP5	Chung, T.K.	Tungku Kwan O Hospital, Hong Kong	Pilot Study on the Feasibility and Acceptance of Procedure Based Assessment for Assessing Skills of Surgical Trainees in the Operating Theatre
PP6	Fong, S.S.M.	The University of Hong Kong, Hong Kong	Use of Video Verbal Real-Life Demonstrations in Teaching Functional Anatomy
PP7	Fong, S.S.M.	The University of Hong Kong, Hong Kong	Incorporating Web Technology to Facilitate 3D (Anatomical and Health) Simulations: Collaborative Learning in a Traditional Research Method and Statistics Course
PP8	Foster, R.	King's College Hospital, London, United Kingdom	Quality of Medical Appraisals - What Are The Potential Challenges?
PP9	Foster, R.	King's College Hospital, London, United Kingdom	Quality of Medical Appraisal Evidence: What Needs to be Improved - 1?
PP10	Foster, R.	King's College Hospital, London, United Kingdom	Quality of Medical Appraisal Evidence: What Needs to be Improved - 2?
PP11	Garcia, R.A.	The University of Hong Kong, Hong Kong	Interprofessional Team-Based Learning Checklist: Development and Psychometric Testing
PP12	Hui, J.W.Y.	The University of Hong Kong, Hong Kong	Bringing Life into the Classroom of Biochemistry - From Bedside to Benchside
PP13	Hui, R.W.D.	The University of Hong Kong, Hong Kong	Proximal Medical Students' Usage of Mobile Devices in Lectures: A Cross-Sectional Study to Gauge Patterns and Factors Affecting Usage

Trainers in Medical and Health Sciences Education - HKU 2015th Conference: *Learn, Wellbeing Across the Continuum*
 Oral Presentations November 27, 2015 (15:45-17:15)

Session A: Seminar Room 5 - LG17, Laboratory Block, Faculty of Medicine Building
 Theme: Programme Evaluation/ Student Assessment
 Chairman: Dr Yim Fing, School of Chinese Medicine, The University of Hong Kong

Index #	Time slot	Abstract Presenter	Institution	Title of paper
OP1	15:45-15:55	Ahn, E.	Korea University Medical College, Korea	Effective Pre-residency Clinical Training: A Single Center Study
OP8	15:55-16:05	Foster, R.	King's College Hospital, London, United Kingdom	Revalidation of UK Doctors: Innovation or Irrelevance?
OP10	16:05-16:15	Geswinda, C.	MAHSA University, Malaysia	Professionalism Among Medical Students: What Matters?
OP16	16:15-16:25	Ming, W.K.	The University of Hong Kong, Hong Kong	Publication Trends in Problem-based Learning in Medical Education in China
OP17	16:25-16:35	O'Connor, E.	Trinity College Dublin, Ireland	A Qualitative Study of Medical Students' Transition to Intensive Care Medicine Clinical Rotations
OP18	16:35-16:45	Schub, V.	Hong Kong Polytechnic University, Hong Kong	"I Don't Like to be Just a Sponge Ball" - Learning Attitudes and Coping Strategies of Postgraduate Health Sciences Program Students
OP24	16:45-16:55	Zhao, M.Y.	The University of Hong Kong, Hong Kong	Advancing Measurement in Health Sciences Education and Health Outcomes Research Using Item Response Theory

PP14	Liang, J.F.	Taipei Veterans General Hospital, Taiwan	The Association between Empathy Perception and Burnout among Taiwan Medical Students in Clinical Years: A Preliminary Study
PP15	Perry, S.	The University of Hong Kong, Hong Kong	The Role of Movement Specific Reinforcement in Dentistry
PP16	Subagjarta, I.M.	Udayana University, Indonesia	Use Online Virtual Urgent Herbal Workshops - E-Learning Resources Among Medical Students and Lecturers at Medical Faculty Udayana University
PP17	Wong, P.F.	International Medical University, Malaysia	Help Seeking Behaviour Among Healthcare Students
PP18	Wong, V.P.Y.	The University of Hong Kong, Hong Kong	Development and Early Experience of a Mindfulness Training Programme for Medical Students
PP19	Yang, Y.Y.	Taiwan Veterans General Hospital, Taiwan	Using the Computer-Based Feedback (CBF) System to Investigate The Junior-Physicians' and Clinical-Instructors' Perceptions for the Benefits of General Medicine Clinical Instructors Development Programme
PP20	Yoo, S.H.	Kyungpook National University School of Medicine, Korea	12-year Experience of PBL in Kyungpook National University School of Medicine
PP21	Yu, E.Y.T.	The University of Hong Kong, Hong Kong	"Reaching Out to the Furthest of the Poor - A 4-week Outreach Programme at the Microcosms of Charity" - A First Service Learning Programme to Enable Professionalism Development of Medical Students

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 Oral Presentations November 27, 2015 (15:43-17:15)

Session B: Seminar Room 6 – LG1/E, Laboratory Block, Faculty of Medicine Building
 Theme: Pedagogical or Curriculum Innovations
 Chairman: *Mi Eliza Tam, Department of Pharmacology and Pharmacy, The University of Hong Kong*

Index #	Time slot	Abstract Presenters	Institution	Title of paper
OP2	15:45-15:55	Chan, L.K.	The University of Hong Kong, Hong Kong	The Time for Interprofessional Team-based Learning (IPTBL) in Hong Kong: A Baseline Study
OP3	15:55-16:05	Chen, S.N.	The First Affiliated Hospital of Jiam University, Guangzhou, China	"Model World Health Organization": An Innovative PBL Lesson for Medical Students
OP4	16:05-16:15	Chuang, A.W.D.	International Medical University, Malaysia	Incorporating Positive Education in Medical School to Enhance Wellbeing in Medical Students
OP9	16:15-16:25	Coombes, A.	Burdorf Teaching Hospitals NHS Foundation Trust, United Kingdom	A Novel Approach to Medical Textbook Publishing: Junior Doctor and Medical Student Near Peer Teaching
OP13	16:25-16:35	Li, V.W.Y. & Yu, A.H.Y.	The University of Hong Kong & The Chinese University of Hong Kong, Hong Kong	Inter-Professional Education Luncheon 2014: Bridging Communication between MBBS/MBChB and BChinMed Students in Hong Kong
OP19	16:35-16:45	See, C.Y.H.	The University of Hong Kong, Hong Kong	Through the Eyes of Our Students: A Role for Wearable Micro-Technology in Educational Research
OP21	16:45-16:55	Turner, J.A.	The University of Hong Kong, Hong Kong	Learning Through Collaborative Writing and Reflecting: Making the Professional Journal Review Process in an Undergraduate Biomedical Sciences Course
OP23	16:55-17:05	Yun, T.P.	The University of Hong Kong, Hong Kong	Learning Medical Ethics Through Online Discussion Among Traditional Chinese Medicine Students

"Frontiers in Medical and Health Sciences Education - HKU 2015" Conference: Learner Wellbeing Across the Continuum
 Oral Presentations November 27, 2015 (15:45-17:15)

Session C: Seminar Room 7 – LG1/F, Laboratory Block, Faculty of Medicine Building
 Theme: Learner Wellbeing
 Chairman: *Dr Gilberto Leung, Department of Surgery, The University of Hong Kong*

Index #	Time slot	Abstract Presenters	Institution	Title of paper
OP5	15:45-15:55	Chen, L.P.	National Taiwan University, Taiwan	Long Working Hours Threatens Interning Medical Students' Wellbeing in Taiwan
OP6	15:55-16:05	Chen, L.P.	International Medical University, Malaysia	Health Care Students Perception Towards Self-Harm Attribution, Emotions, and Willingness to Help
OP11	16:05-16:15	Malcolm, H.	The University of Melbourne, Rural Clinical School, Australia	Healthy Students, Healthy Doctors, Healthy Patients
OP7	16:15-16:25	Delany, C.	The University of Melbourne, Australia	Replacing Stressful Challenges with Positive Coping Strategies: A Resilience Program for Clinical Placement Learning
OP12	16:25-16:35	Klein, J.	Melbourne Medical School, Australia	Coping with Medical Error: The Growth Mindset
OP13	16:35-16:45	Jin, J.	The University of Hong Kong, Hong Kong	Understanding Undergraduate Health Sciences Students' Wellbeing in Asia: A Qualitative Study
OP14	16:45-16:55	Kommilage, M.	University of Ruhuna, Sri Lanka	Facebook Use and Addiction Among Medical Students
OP20	16:55-17:05	Shahm, J.	University of Alberta, Canada	An Evolutionary Model of Medical Learner Distress
OP22	17:05-17:15	Tierney, T.	Nanyang Technological University, Singapore	The LKCMedicine House System: More Than Pastoral Care

心得與建議

相較於傳統以教師中心，學科中心，競爭學習，演講式教學型態，本次香港國際研討會以學習者中心，問題導向，小團體學習，典範學習，專業素養工作坊，為教學者及學習者開拓了另一番視野。運用真實問題引發學習者學習，並於小組學習互動，再以生活議題之情境脈絡，提高學習者自我學習動機。典範學習及專業素養則幫助學習者發展臨床能力，人際互動，加強終身學習之承諾。對於日益受重視之全人照護醫學教育，提供了醫學教育及師資培育教學相長最好的方向。

香港大學於國際頂尖大學排名，一直名列前茅，究其根本原因乃在於英語能力，及具備宏觀之國際視野。透過此次參訪及研討會，與不同國籍與會人員互動交流之經驗，更讓人深深體會英語力及國際交流之重要。