

CONFERENCE PROGRAM AND REGISTRATION

www.makinggains.ca

Making Gains 2005

in Mental Health & Addictions

TRANSFORMATION

CHALLENGES

OPPORTUNITIES

L O N D O N • O N T A R I O

October 23-26, 2005



The Partners

The 2005 Making Gains conference is being hosted by four of Ontario's leading organizations in mental health, addictions and substance abuse.



Addictions Ontario (AO) is a non-profit, charitable association of individuals and facilities that provide addiction services. Our mission is to reduce the harmful effects of substance abuse on individuals, families and society. This is accomplished through prevention programs, early intervention and treatment. AO provides leadership, in Ontario, for excellence in addiction training and services by developing and promoting quality standards of care and disseminating information that assists its members to effectively meet the needs of their clients. The association has been in existence for more than thirty years.



The Canadian Mental Health Association (CMHA), Ontario is a volunteer led, professionally managed charitable organization with a community focus dealing with all aspects of mental health and mental illness. Our mission is achieved through public education, social action and advocacy, research and policy development as well as programs and services delivered through 33 branch offices across Ontario. The core business of the provincial office is knowledge enhancement through the development and distribution of information to a wide variety of mental health stakeholders, including local branches, consumers/survivors and family members, policy makers and leaders and the media.



The Centre for Addiction and Mental Health (CAMH) is Canada's leading Addiction and Mental Health teaching hospital. CAMH succeeds in transforming the lives of people affected by addiction and mental illness, by applying the latest in scientific advances, through integrated and compassionate clinical practice, health promotion, education and research. We have central facilities located in Toronto, Ontario and 26 community locations throughout the province. CAMH is fully affiliated with the University of Toronto and is a Pan American Health Organization and World Health Organization Collaborating Centre. CAMH was formed in 1998 as a result of the merger of the Clarke Institute of Psychiatry, the Addiction Research Foundation, the Donwood Institute and Queen Street Mental Health Centre.



The Ontario Federation of Community Mental Health and Addiction Programs (OFCMHAP) represents more than 200 front-line, community-based providers who recognize people and their families as the core of their organizations and ensure their basic human rights and dignity. Since 1988, the Federation has envisioned a community mental health and addiction system that is accessible, flexible, comprehensive and responsive to the needs of individuals, families and communities, shaped by many partnerships, dignity and accountability to those it serves. The Federation brings together community addiction and mental health services in the province to help members provide effective, high-quality services through information sharing, education, advocacy and unified effort.



300 Dufferin Avenue
P.O. Box 5035
London, ON
N6A 4L9

London
CANADA

Office of the Mayor

October 23, 2005

Dear Friends:

On behalf of the City of London, I am pleased to extend a warm welcome to all participating in the Making Gains in Mental Health and Addiction: Transformation, Challenges and Opportunities Conference at the Convention Centre. As Mayor, it is heartening to acknowledge the strong community leadership and collaboration, which has gone into bringing this important gathering to The Forest City.

To the conference organizers, thank you for your ongoing efforts to assist in the health of others. In London, we believe our city is a great place to live, to work and to share with family – in large part because of the serious commitment to those who take responsibility for making it a strong, safe and healthy community. To that end, we commend the organizations in mental health, addictions and substance abuse for playing an important role in ensuring a high quality of life for all.

As the 10th largest centre in Canada and the regional hub for Southwestern Ontario, London is a community on the move! We are recognized for excellence in health care and innovative advances in research, technology and business. London is also a community that celebrates life to the fullest! We are renowned for our delicious dining, superb shopping, pristine parkland and excellent attractions. So, we hope you'll also have an opportunity to enjoy some of our tremendous hospitality while you're in town.

Sincerely,

A handwritten signature in cursive script that reads "Anne Marie DeCicco".

Anne Marie DeCicco
Mayor

The Corporation of the City of London
Office: 519.661.4920 Fax: 519.661.5308
www.london.ca

Making Gains in Mental Health and Addictions: Transformation – Challenges & Opportunities
Sunday, October 23 to Wednesday, October 26, 2005
London Convention Centre, London, Ontario

Conference participants,

It has been a privilege to serve with all our colleagues who have worked hard in bringing this Making Gains conference to you.

Mother Theresa said "Life is a challenge. Meet it." When we rise to the challenge we create those opportunities. Challenges and Opportunities is the conference theme as we play our part in improving the quality of life for individuals, families and society.

We hope that this year's Making Gains gives you knowledge, enhances your competencies and most of all, inspires you to leave this place renewed to do the important work you do back in your community.

Jeff Wilbee,

*Co-Chair
 Making Gains
 Steering Committee
 Executive Director,
 Addictions Ontario*

Judy Watson

*Co-Chair
 Making Gains
 Steering Committee
 Board Vice-President,
 Canadian Mental Health
 Association, Ontario*

Conference participants,

Welcome to this very important Canadian Making Gains mental health and addictions conference. This year's third annual conference centers on transforming ourselves, our communities, organizations, systems and partnerships, to create a consumer and family-focused, community-based system for all who utilize, work and conduct research in the addictions and mental health field.

Working together, sharing our life experiences, our learning and expertise, will move us toward this transformation vision. And, while we change or transform our systems, we realize that the main reason for this is to work with our clients, patients and their families to assist them as they make personal gains in their lives.

The words of Margaret Mead offer encouragement to us all: "Never doubt that a small, group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."

THE 2005 MAKING GAINS CONFERENCE PLANNING COMMITTEE

The 2005 Making Gains Conference Planning Committee

Conference Steering Committee Co-Chairs

Judy Watson Board Member, Canadian Mental Health Association, Ontario
 Jeff Wilbee Addictions Ontario

Members of the Steering Committee

Nevin Coston Centre for Addiction and Mental Health
 David Kelly Ontario Federation of Community Mental Health & Addiction Programs
 Karen McGrath Canadian Mental Health Association, Ontario
 Norma Medulun Board Member, Addictions Ontario
 Wayne Skinner Centre for Addiction and Mental Health

Conference Program Committee Co-Chairs

Martha Connoy Board Member, Ontario Federation of Community Mental Health & Addiction Programs
 Neil McGregor Board Member, Canadian Mental Health Association, Ontario

Members of the Program Committee

Jean Beckett SSW/DAC, Ontario Federation of Community Mental Health & Addiction Programs
 John Butler Board Member, Addictions Ontario
 Dale Butterill Centre for Addiction and Mental Health
 John T. Clark Board Member, Canadian Mental Health Association, Windsor Essex County
 Judy Coulman Board Member, Canadian Mental Health Association, Ontario
 Peggy-Gail DeHal-Ramson Parkdale Community Legal Services, Toronto
 Liz DiTullio Canadian Mental Health Association, Cochrane-Timmiskaming
 Anna Giallonardo Centre for Addiction and Mental Health
 Mark Graham Canadian Mental Health Association, Peterborough
 Greg Howse Board Member, Ontario Federation of Community Mental Health & Addiction Programs
 David Kelly Ontario Federation of Community Mental Health & Addiction Programs
 Shelly Kraft Addictions Ontario
 Dennis Long Board Member, Addictions Ontario
 Karen McGrath Canadian Mental Health Association, Ontario
 Aseefa Sarang Across Boundaries: An Ethnoracial Mental Health Centre, Toronto
 Colleen Zakoor Canadian Mental Health Association, York Region

Administration

Janet Chui, Ontario Federation of Community Mental Health & Addiction Programs

Media Relations & Communications

Liz Scanlon, Canadian Mental Health Association, Ontario

Sponsorships

Linda Barnett & Associates

Conference Planner

Rachel Gillooly & Associates

Design

Holly Fisher & Associates

Conference Overview *(subject to change)*

Sunday, October 23, 2005

12:00 to 7:00 pm	Registration
1:00 to 2:30 pm	PRE-CONFERENCE PLENARY
	Mental Health, Mental Illness and Addiction – Reform for Canada in the 21st Century: Issues & Options Interim Report of the Standing Senate Committee on Social Affairs, Science and Technology
	Keynote Speaker: Senator Jane Cordy , Member, Standing Senate Committee on Social Affairs, Science and Technology
3:00 to 4:30 pm	Concurrent Workshops
5:00 to 6:30 pm	Networking – Meet & Greet Welcome Reception <i>Featuring light hors d'oeuvres and refreshments.</i>
	Special Guest: Her Worship Mayor Anne Marie DeCicco, City of London

Monday, October 24, 2005

7:00 to 8:15 am	Breakfast & Registration
8:30 to 10:00 am	WELCOME & OPENING PLENARY
	Change & Transformation Keynote Speaker: Art Daniels , Senior Manager, BearingPoint Inc., Former Assistant Deputy Minister, Government of Ontario
10:00 to 10:30 am	Break & Poster Presentations
10:30 to 11:30 am	Concurrent Workshops
11:30 am to 1:00 pm	Lunch & Poster Presentations
1:00 to 2:30 pm	Concurrent Workshops
2:30 to 3:00 pm	Break & Poster Presentations
3:00 to 4:30 pm	Concurrent Workshops
4:30 pm	Free Time, Dinner at Leisure <i>(not included in Conference Registration)</i>

Tuesday, October 25, 2005

7:00 to 8:30 am	Breakfast & Registration
8:30 to 10:00 am	PLENARY
	"Prescription for Addiction" Documentary presentation, followed by Panel (researchers and consumers) discussion. Coordinated by the Ontario Federation of Community Mental Health and Addiction Programs in partnership with St. Joseph's Care Group in Thunder Bay, documentary research and production by Sky Works Charitable Foundation, Toronto.
10:00 to 10:30 am	Break
10:30 to 11:30 am	Concurrent Workshops
11:30 am to 1:00 pm	Lunch
1:00 to 2:30 pm	Concurrent Workshops
2:30 to 3:00 pm	Break
3:00 to 4:30 pm	Concurrent Workshops
6:00 to 9:00 pm	Reception & Dinner <i>(included in Conference Registration)</i>

Wednesday, October 26, 2005

7:30 to 8:30 am	Breakfast
8:30 to 10:00 am	Concurrent Workshops
10:00 to 10:30 am	Break
10:30 am to 12:00 pm	CLOSING PLENARY
	Health Care Renewal in Canada Keynote Speaker: Michael Decter , Chair, Health Council of Canada